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you steal anything good

# DISCLAIMERS

## WARNING

The views in this class may not reflect the APP nor the AUPP's values or standards

Everything is correct to the best of my knowledge and my intent is to simply educate

I make every attempt to be as gender neutral as possible

Just take what works for you and leave the rest



## THIS DOESN'T MEAN

You will be qualified to perform guiche piercings

You have been "trained" or "taught" by myself

You are going to be a "gooch gangster god" nor a "proficient perineum piercer"

That you are ever done learning new things!



# GUICHE PIERCING

© 2024 joeltron trading co.



**"Navigating the Devil's Highway"**



# @JOELTRONDOTCOM

CUTIES AHEAD



joeltron dot com  
& Cara Tigerlily

- **Opal Heart Piercing** (Perth, AU)
- **Stone Heart Body Art** (Sydney, AU)
- **APP** Member (12+ years)
- **AUPP** Board Member
- Piercing 20ish years
- NeilMed Pro Team
- Neurodivergent
- He/They/Them



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# CLASS ROAD MAP

**BACKGROUND**



**ANATOMY**



**ROOM  
CONTROL**

**VIABILITY**



**PREP &  
PROCEDURE**



**JEWELLERY**

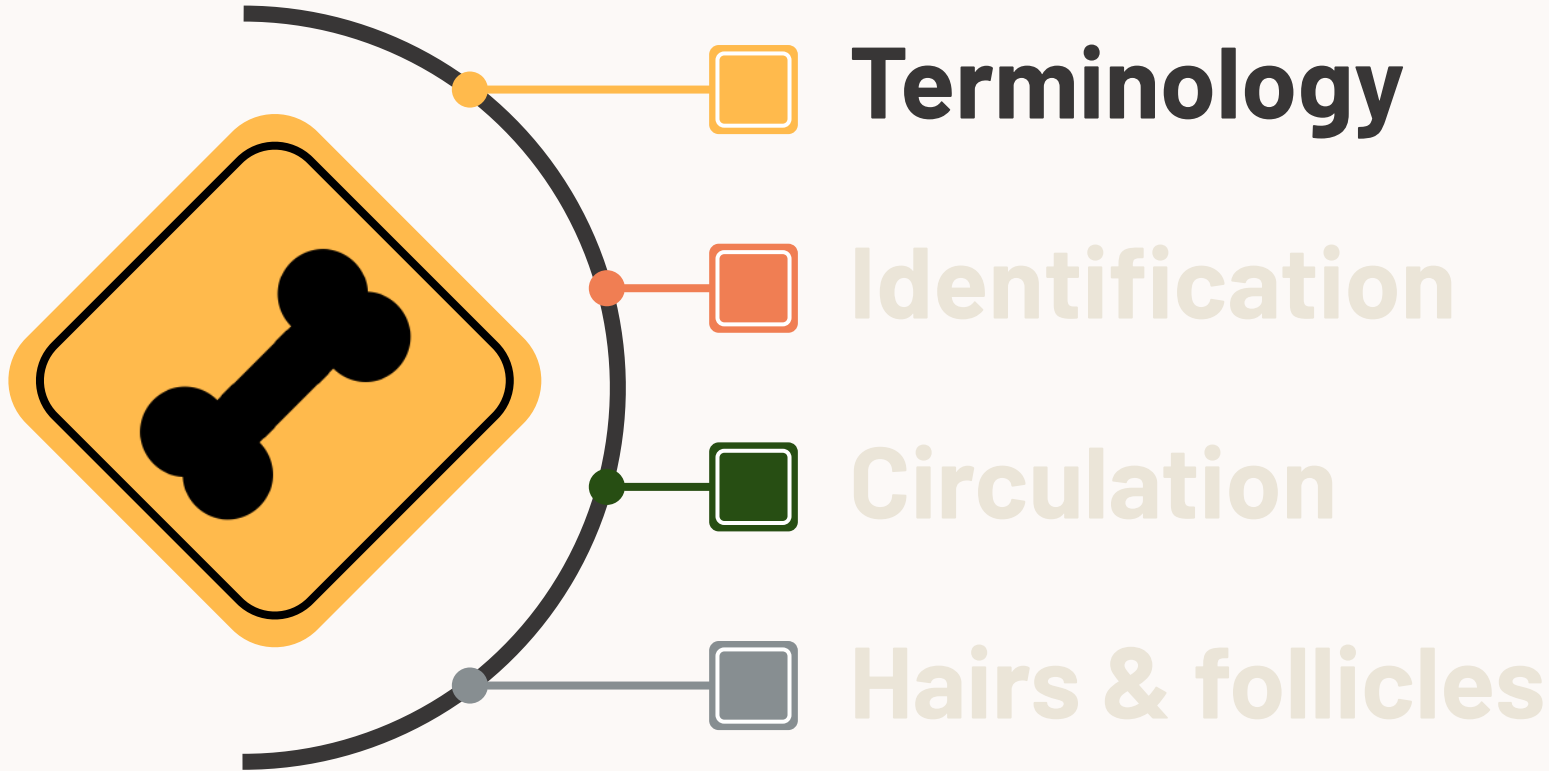


**AFTERCARE**

**OVERTIME  
PARTY!**



# 01 - ANATOMY



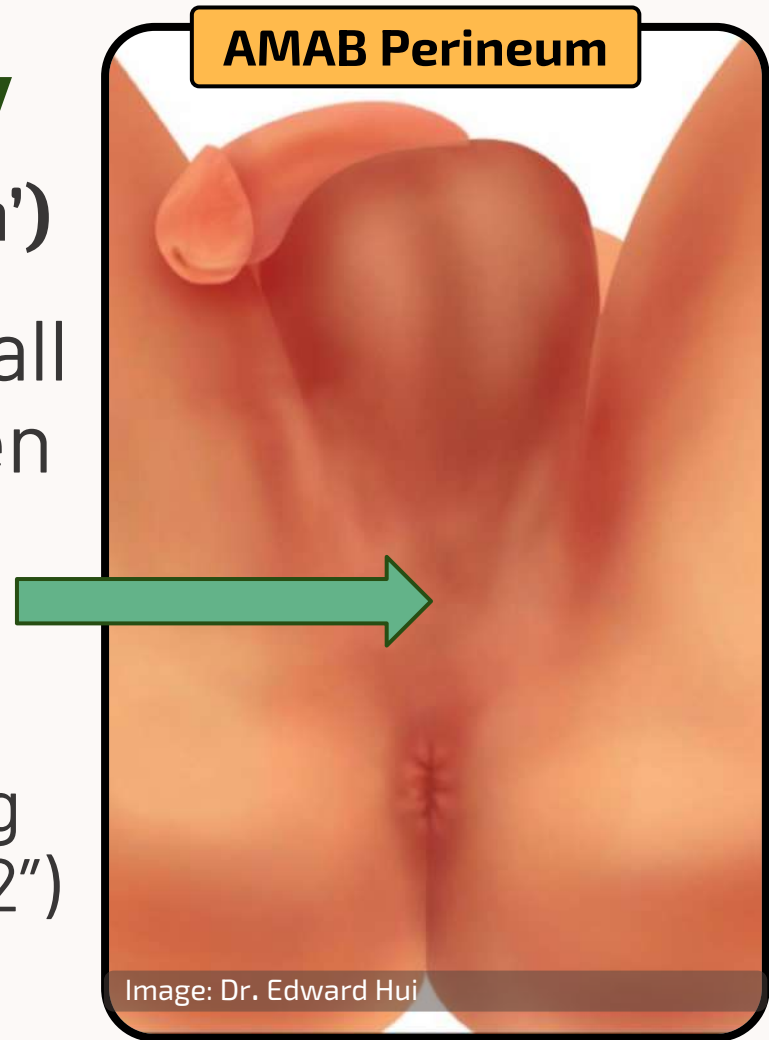
# ANATOMY: Terminology

## Perineum ('PYAR-ho-NEE-um')

In mammals, refers to the small patch of flesh located between the anus and genitals.

**AFAB size:** Average 4cm (1.5") long

**AMAB size:** Usually at least 5cm (2")





# Penile Perineum

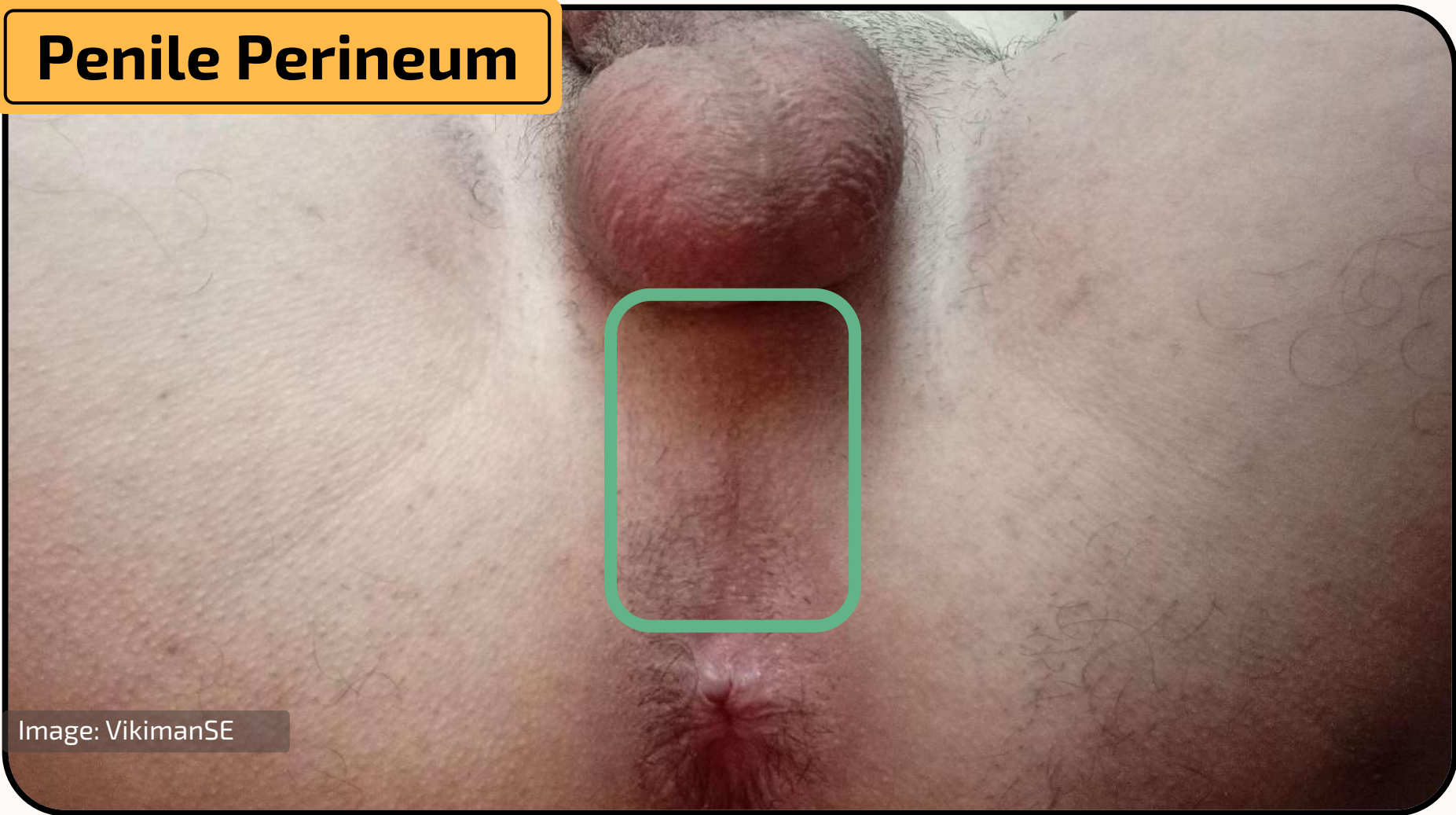


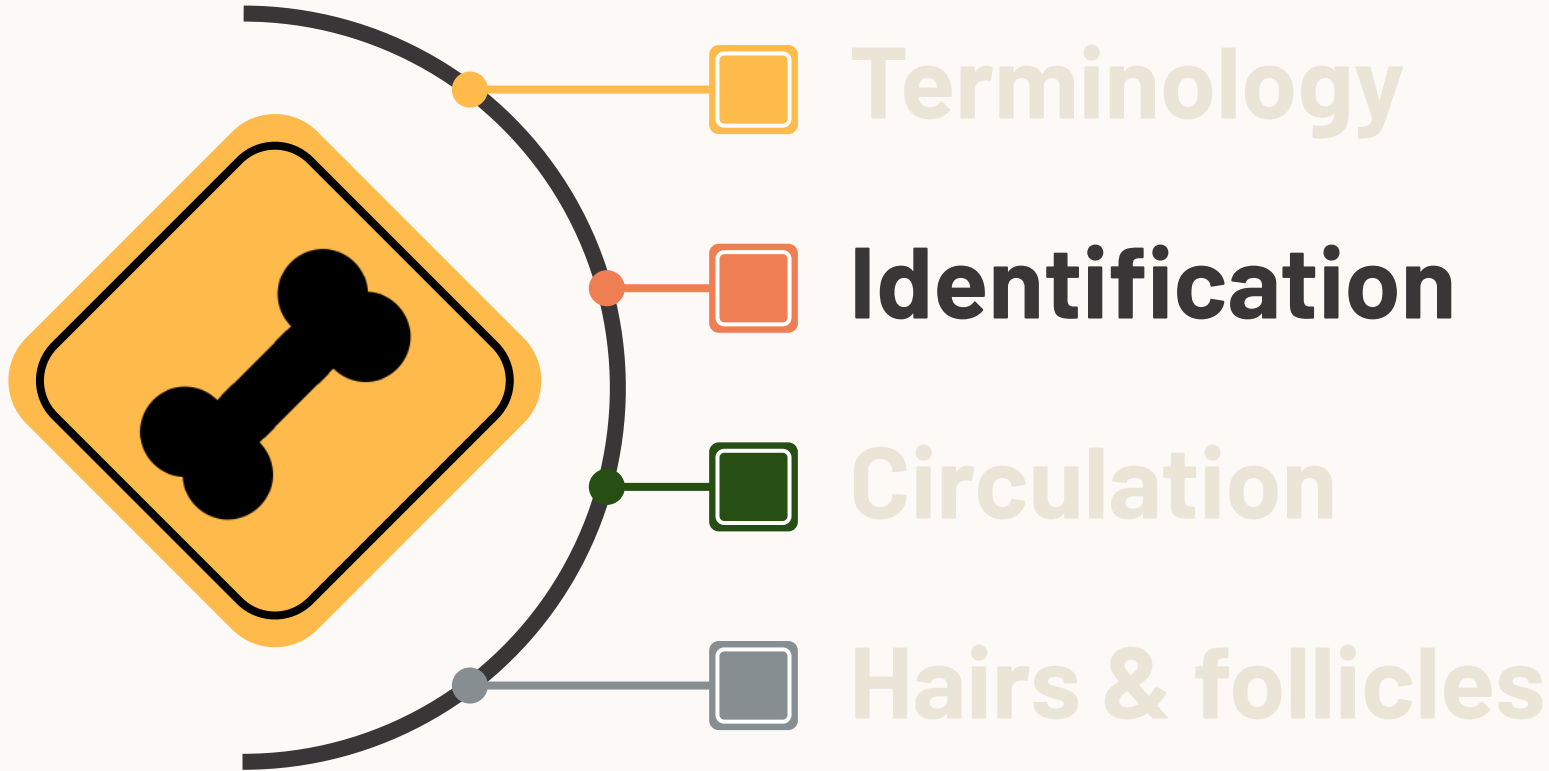
Image: VikimanSE

# Vulva Perineum



Image: Qazxcvb

# 01 - ANATOMY

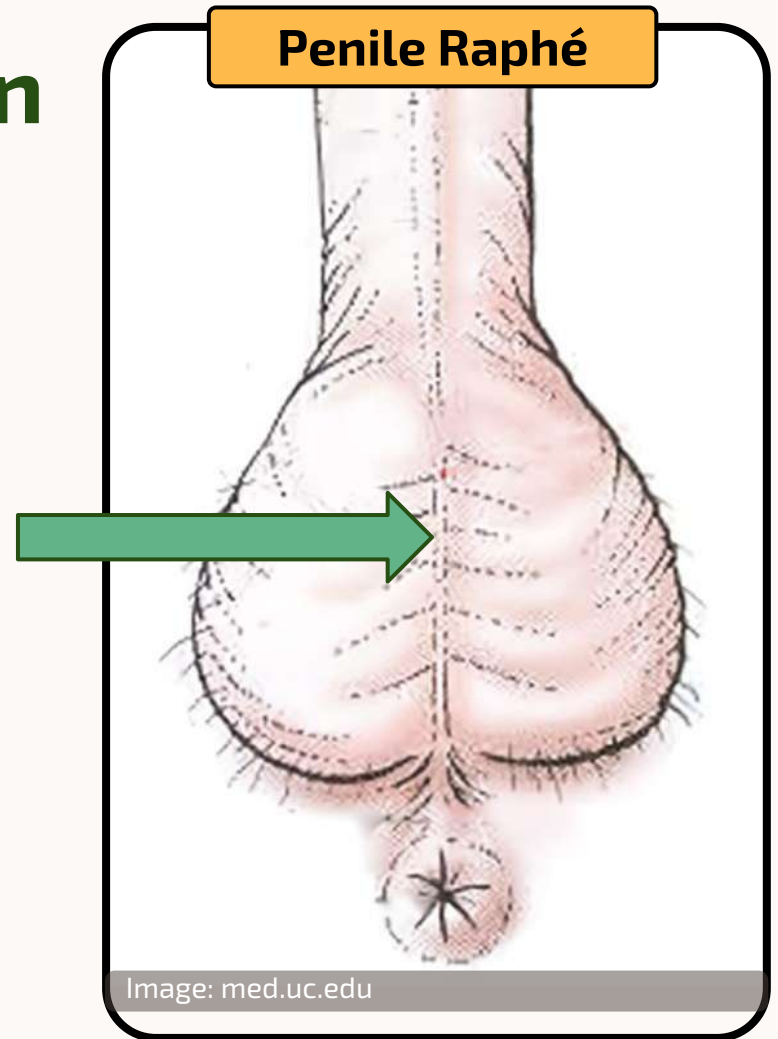


# ANATOMY: Identification

## Perineal Raphé ('raff-ay')

The slightly raised & darker midline of the genitals to the anus.

(referred to as "the devil's highway")





# Penile Raphé



Image: VikimanSE

# Vulva Raphé

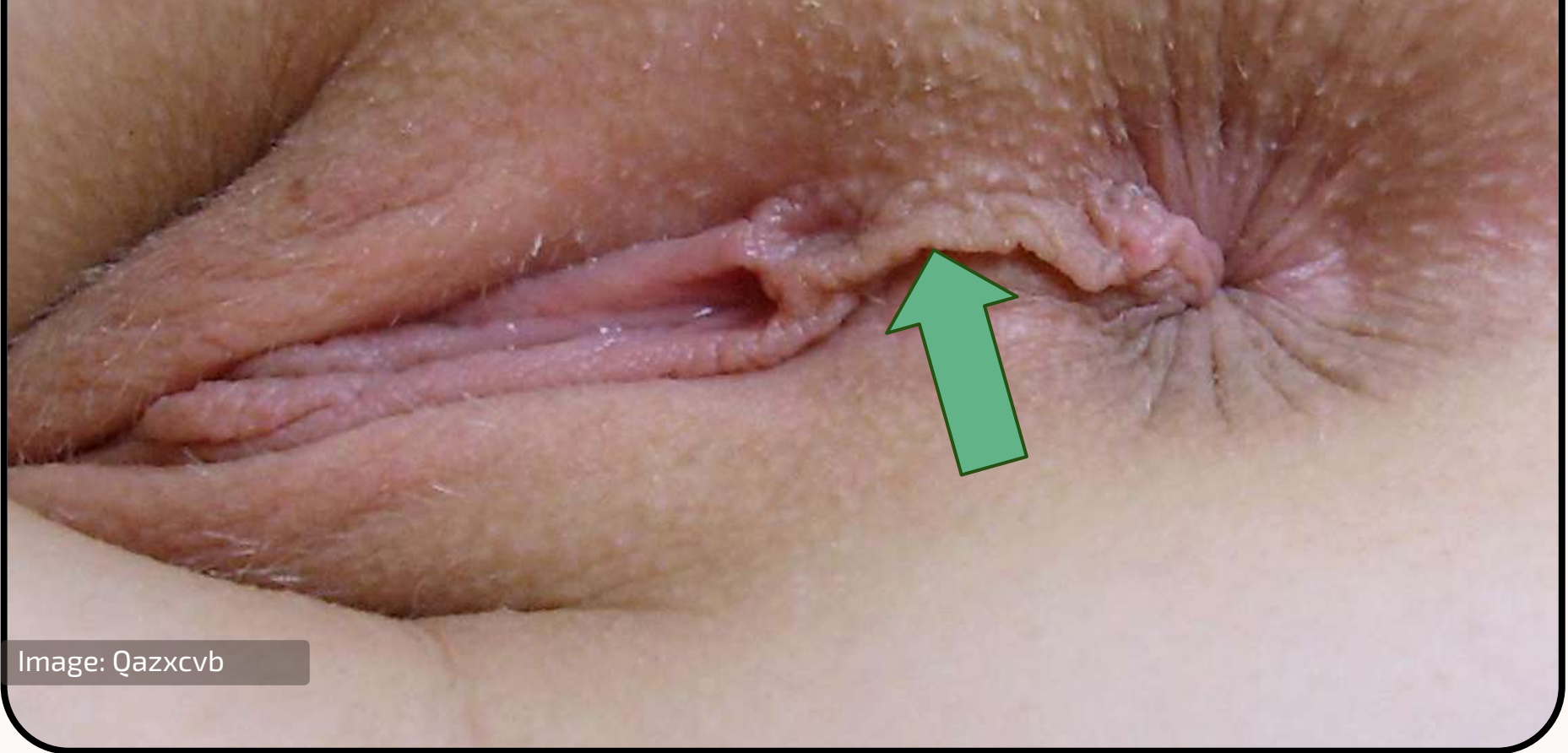
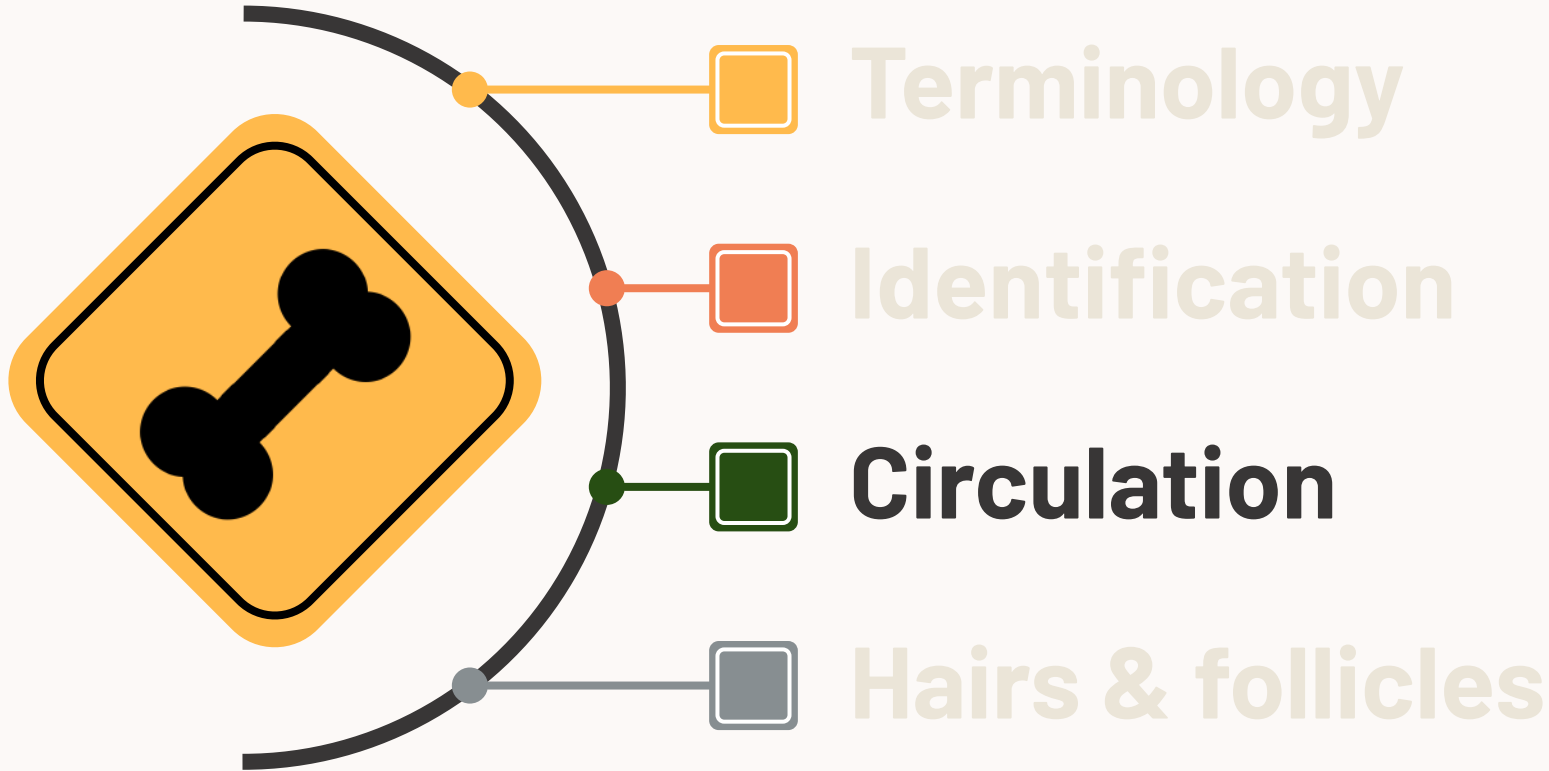


Image: Qazxcvb

# 01 - ANATOMY



# ANATOMY: Circulation

## Perineal Artery (arteria perinealis)

Internal artery supplies blood to the perineal structures and the whole pelvic region.

Piercings are significantly shallower and less invasive, but it is important to know the area is rich with blood.

**Forbidden Lozenge**

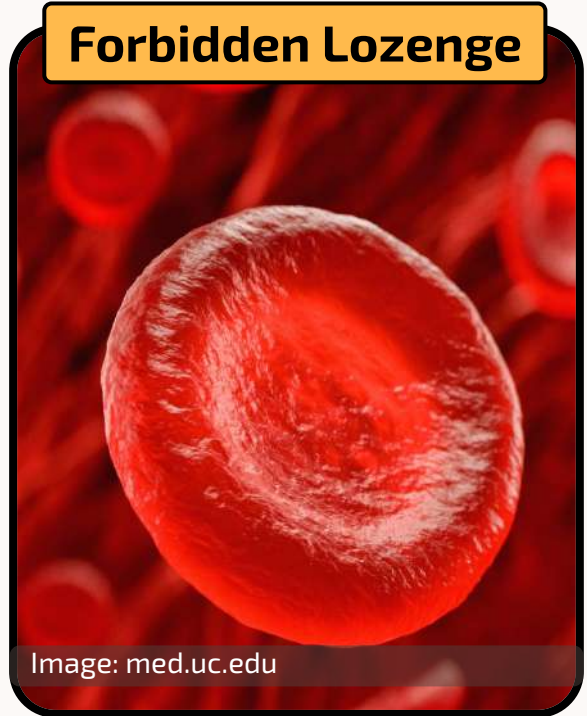


Image: med.uc.edu



# AFAB Arteria Perinealis

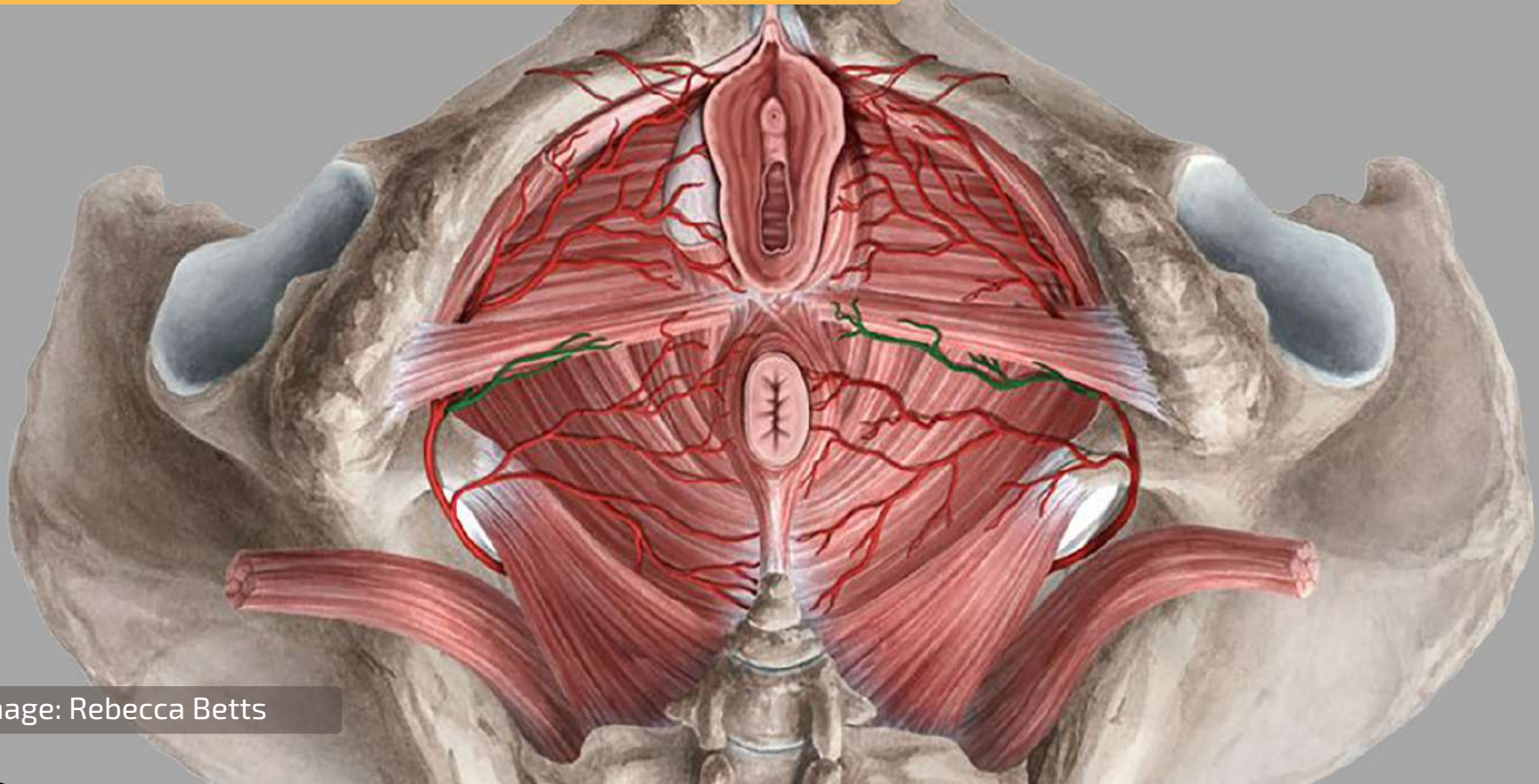


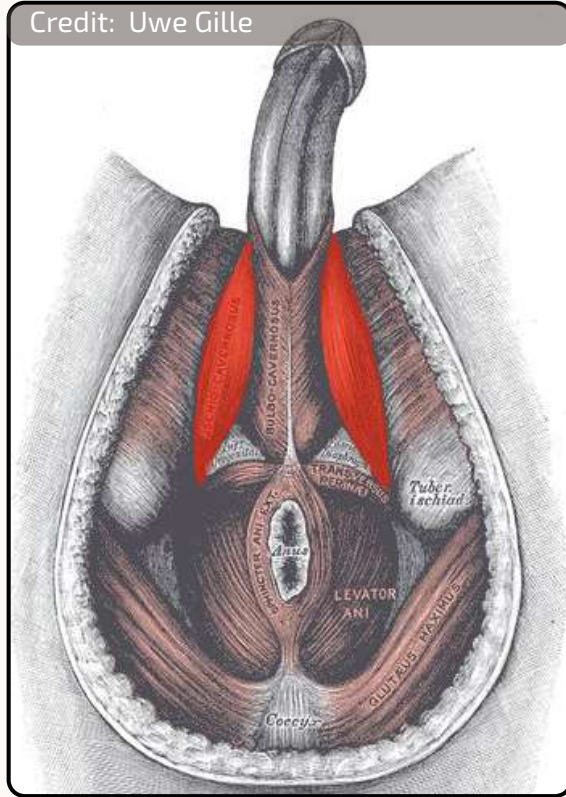
Image: Rebecca Betts

# ANATOMY: Hairs & follicles

## Ischiocavernosus muscle

A muscle just under the surface of the superficial perineal space

Assists in the erection of clitoral tissue and helps support penile erections



# ANATOMY: Hairs & follicles

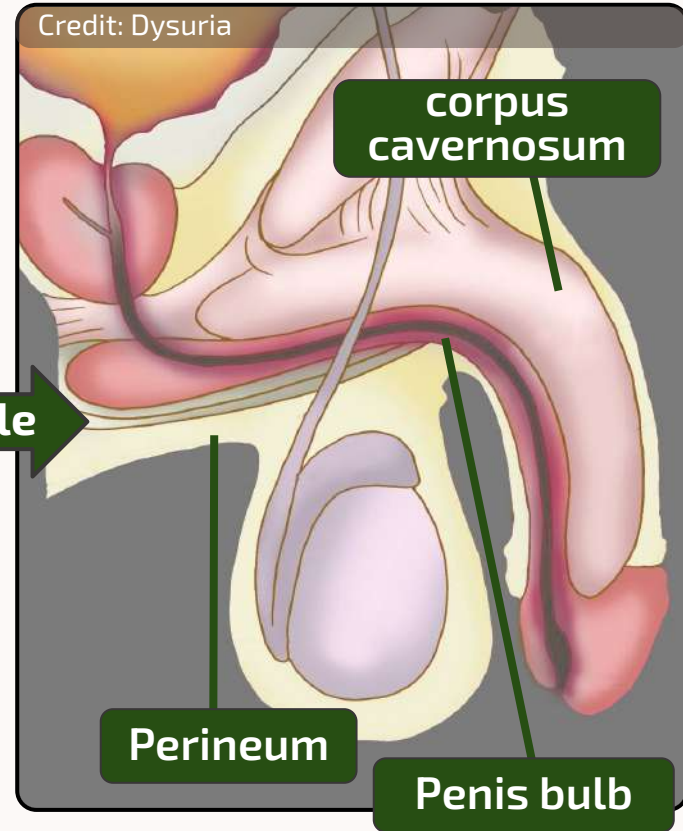


## Bulbospongiosus muscle

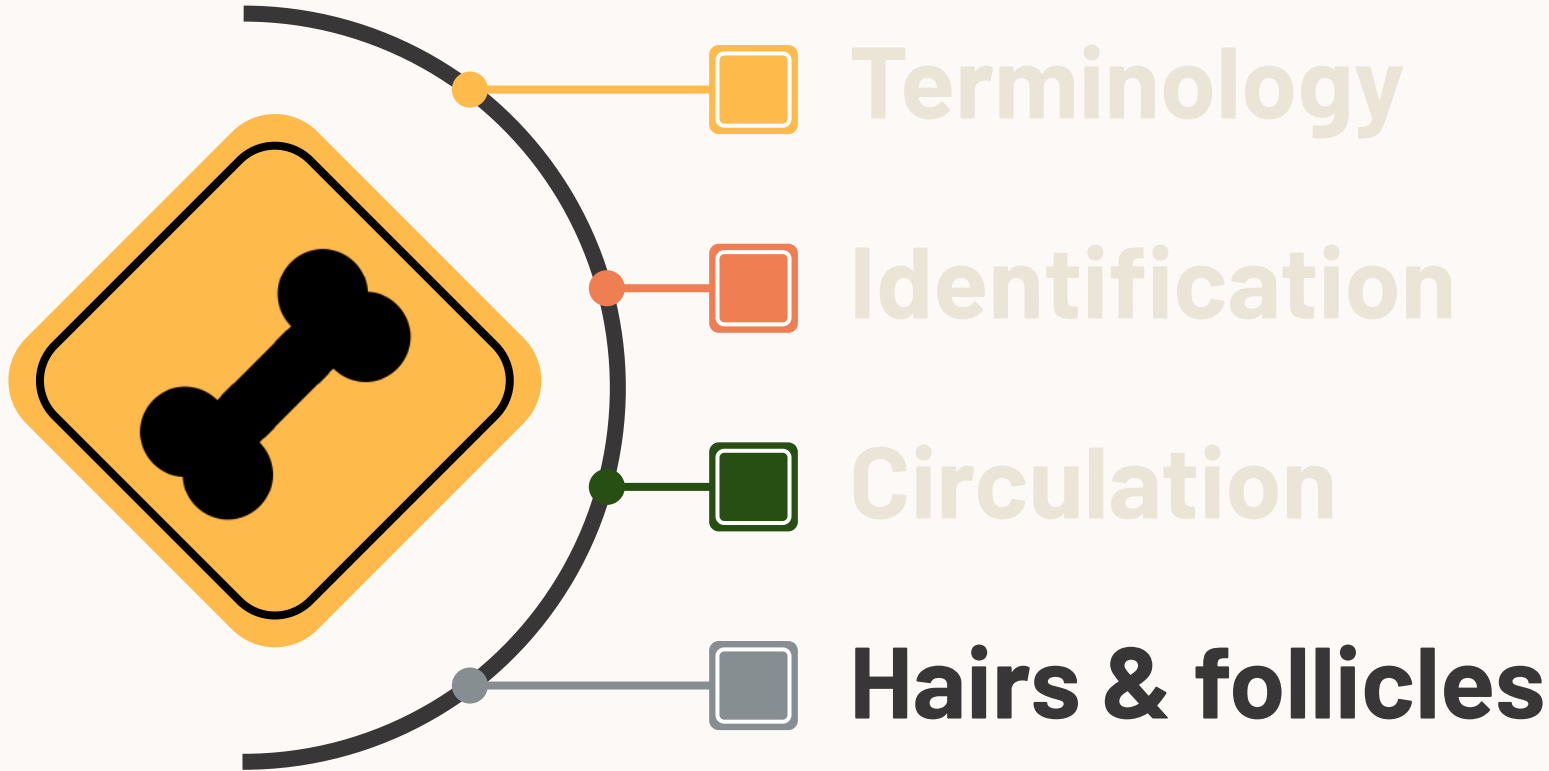
Surrounds the penis bulb and contracts during ejaculation or urination to expel the last drops

**Bulbospongiosus muscle** →

Penile erections cause the perineal tissue to tighten and the muscle can be stimulated



# 01 - ANATOMY



# ANATOMY: Hairs & follicles

## Why do we have body hair?

**A Phallic Parsnip**



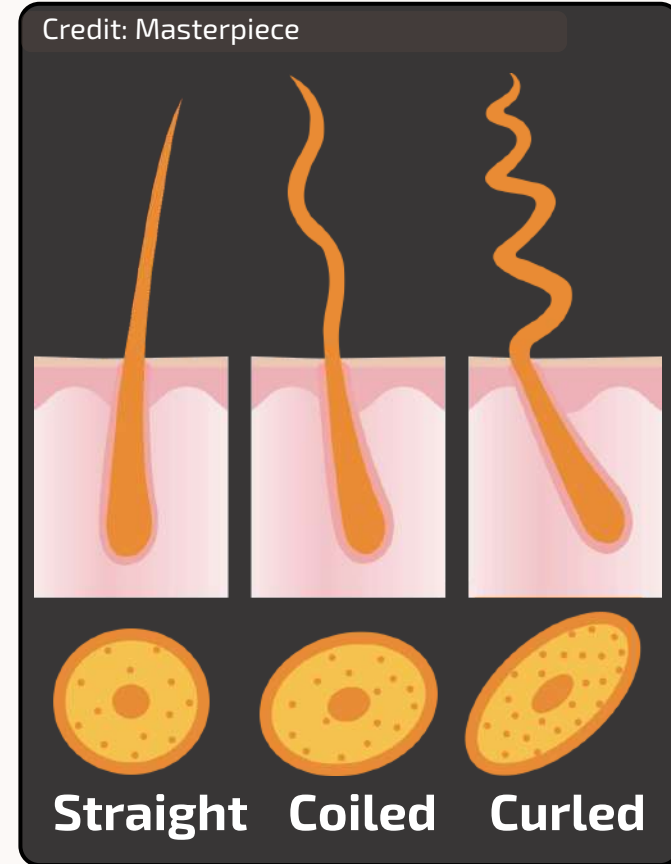
Image: davey jane (flickr:fireflies 604)

- Our bodies have evolved to grow hair to protect us – it's normal!
- Body hairs can help to reduce friction and wick away moisture
- No need to trim before piercing
- Shorter hair may make cleaning around a healing piercing easier

# ANATOMY: Hairs & follicles

## What affects hair growth?

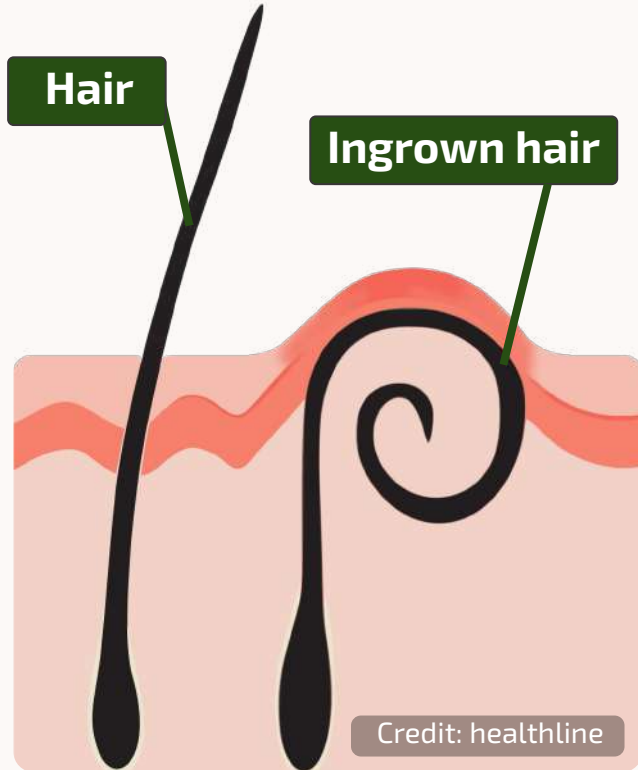
- Hair growth in humans is quite a complicated thing
- It is influenced by different genes, & the thyroid gland
- Some people even have more sensitive hair follicles due to hormones & skin type





# ANATOMY: Hairs & follicles

## Risks of temporary body hair removal



- Epidermal abrasion
- Ingrown hairs
- Redness, itching, irritation and burning sensations
- Accidental cuts to the area
- Prickly or itchy feeling as the hair begins to grow back

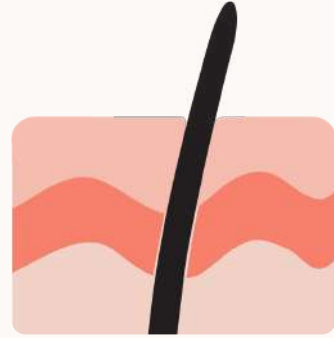
# ANATOMY: Hairs & follicles

## Depilatory powders & creams

Thioglycolic acid to breaks down the keratin protein in covered hair

The damaged hair then washes away with normal water, leaving the skin itself smooth with the hair root intact under the skin

chemical burns can easily occur on sensitive skin or if left on too long





# ANATOMY: Hairs & follicles

## How to safely trim body hair

### Why would someone want to?

- To feel less self conscious about their body
- To be polite and make our job a little easier
- Aid in easier cleaning during healing
- They just prefer to, for personal reasons

### Supplies needed:

- Handheld mirror to squat above
- Dedicated clean Hair Clippers/Trimmers



# ANATOMY: Hairs & follicles

## How to safely trim body hair

1. Place mirror on the floor and squat above it. Ensure you can clearly see and freely tension the skin
2. Remove clipper guide attachments and adjust level so the blades are closest to the combs
3. Use clippers TOWARD the hair growth direction. Go slow & tension the skin as to not catch folds
4. Shower to remove any cut hairs



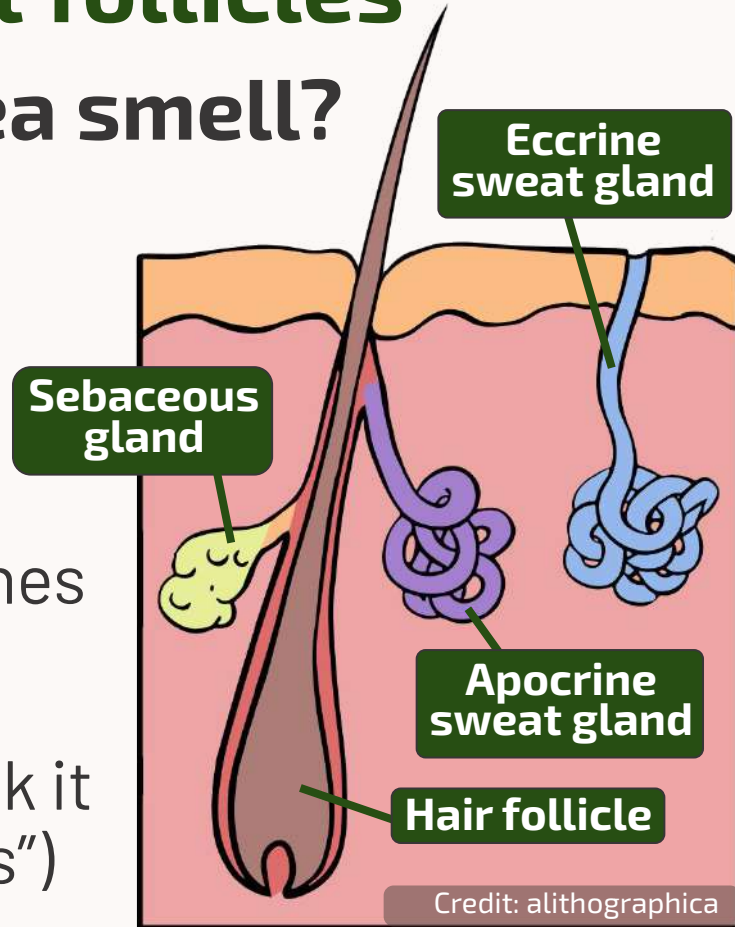
# ANATOMY: Hairs & follicles

## Why does the area smell?

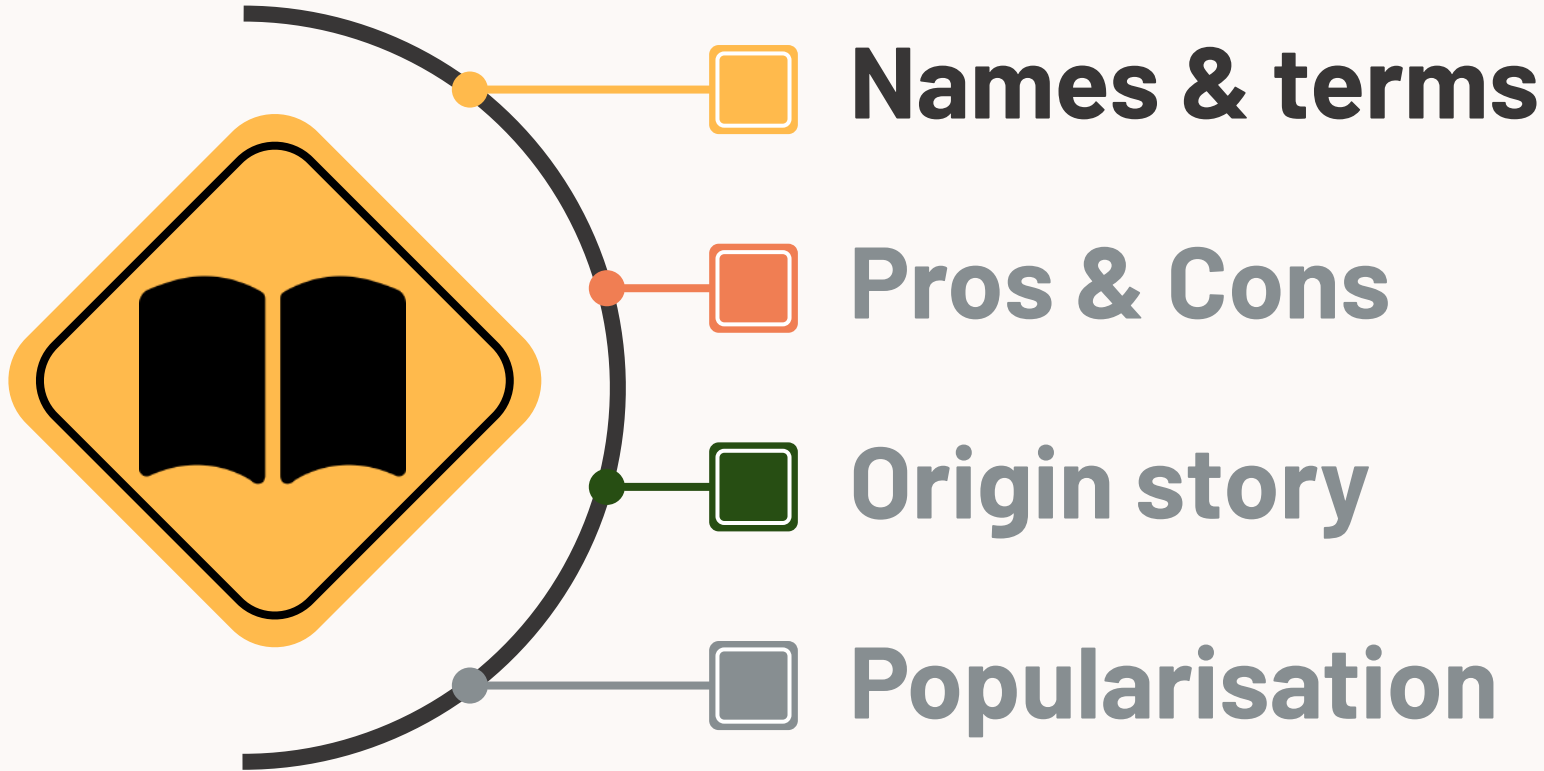
**Eccrine ("EK-rin")** glands are open to the skin surface and secrete sweat

**Apocrine glands** open into the hair follicle itself and secrete lipid-rich viscous sweat which forms pheromones

**Damp areas** generally breed more bacteria which digest sweat and break it down into thioalcohols ("thiol-alcohols")



## 02 - BACKGROUND



# BACKGROUND: Names & terms

- **Perineum** ('PYAR-ih-NEE-um')

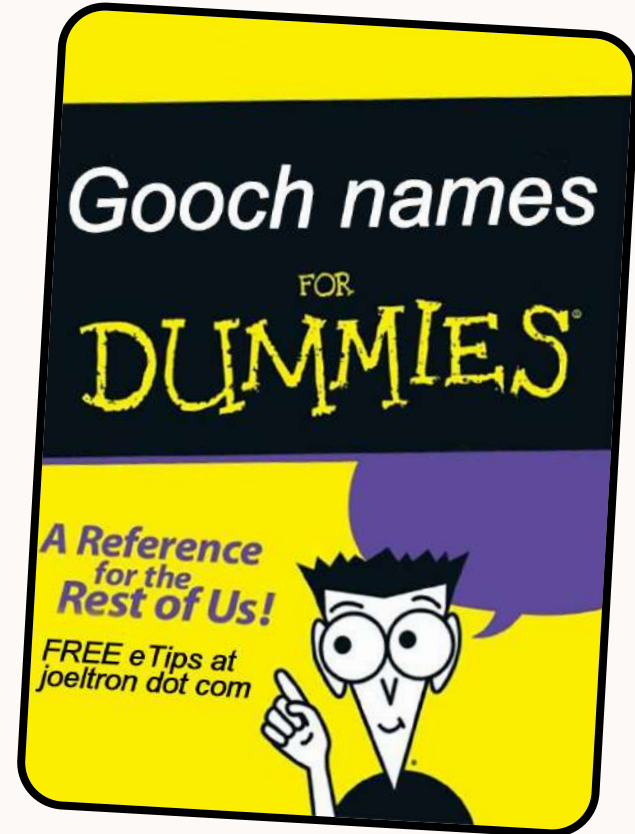
The medical classification for the area

- **S.P.O.S.B.A.G.** ('SPOZ-Bag')

Small Piece Of Skin Between Ass & Genitalia

- **Grundel** ('GRUNdel')

The origins of the term is shrouded in mystery. Shockingly, linguistics scholars have yet to explore the etymology

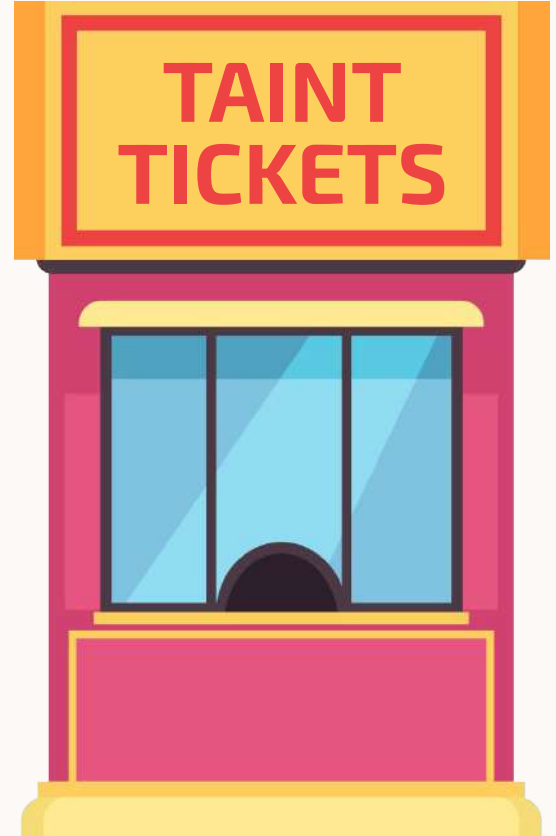


# BACKGROUND: Names & terms

- **Guiche** ('geesh')

Supposed to translate in French to "an opening"

Translated, is actually "guichet" which means a window or ticket office.



# BACKGROUND: Names & terms

- **Guiche ('geesh') - continued**

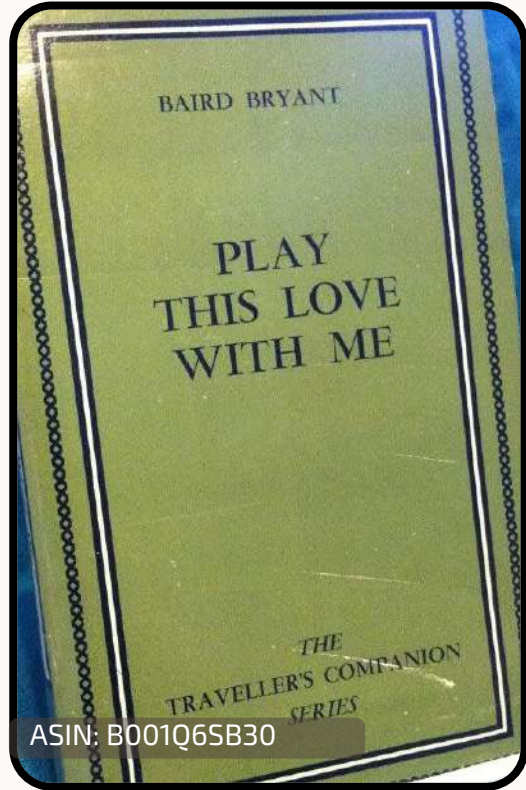
Guiche (or gougère) is a French pastry that is similar to a quiche, but is typically smaller and without a crust.

Gougeres



Image: Bee Yinn Low

# BACKGROUND: Names & terms



- **Taint ('taynt')**

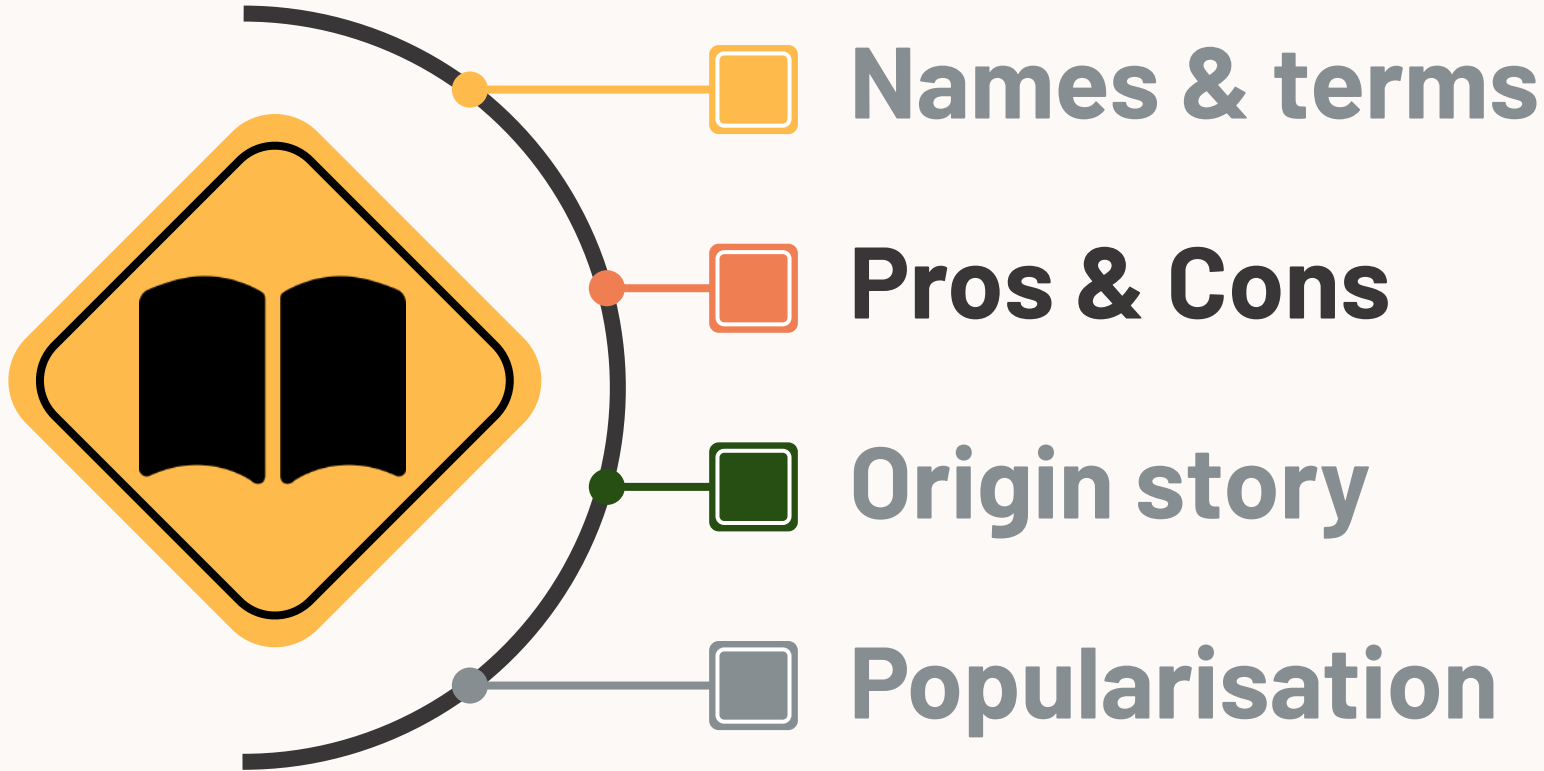
First colloquial mention in the 1955 book 'Play This Love With Me':  
*"Taint asshole and 'taint cunt"*

- **Gooch ('g·00·ch')**

A common mispronunciation of the term Guiche, ideally satirical



## 02 - BACKGROUND



# BACKGROUND: Pros & Cons

10g 5/8" CBR



Piercing: @joeltrondotcom

## Why guiches rock:

- Stealthy! Nobody would know unless you showed or told them
- Gently playing with or heavier jewellery can increase sensation
- Sex may be able to resume earlier than other intimate piercings
- Relatively low pain and easier to heal than other genital piercings

# BACKGROUND: Pros & Cons

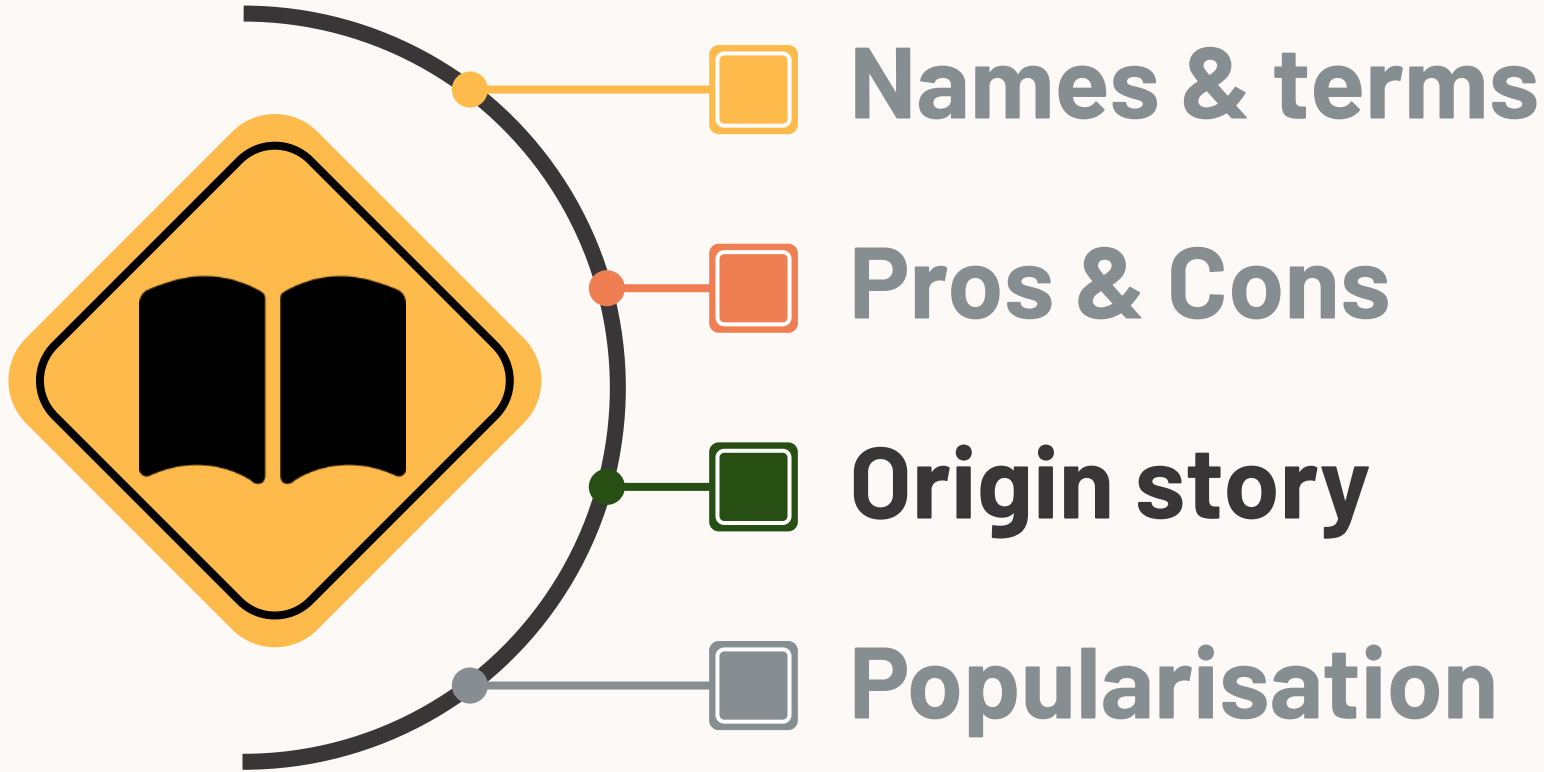
## Why guiches are annoying:

- Can be harder to heal due to pressure, moisture, & movement
- Not always anatomically viable
- Possibility of scar tissue growth, migration or even rejection - especially for active lifestyles



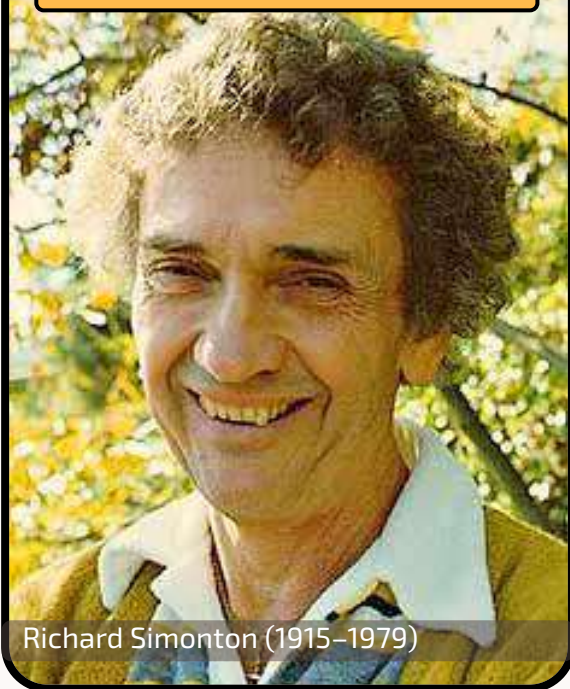
Piercing: Becky Dill

## 02 - BACKGROUND



# BACKGROUND: Origin story

**Doug Malloy**



Richard Simonton (1915–1979)

Doug Malloy said that it originated in Tahiti and was performed at age 12–14 with a leather thong.

Once healed, he said a small rock or shell weight was hung from the thong and ancient mariners would squat in waves to judge their direction.

# BACKGROUND: Origin story

The procedure was said to be performed by a "Māhū" ('in the middle'), who is AMAB and has taken on the role of a women as respected members of society.

They were said to to possess magical powers by adherents of the ancient Tahitian religion.

**Māhū Andre**



Richard Simonton (1915–1979)

# BACKGROUND: Origin story

**Doug's Guiche**



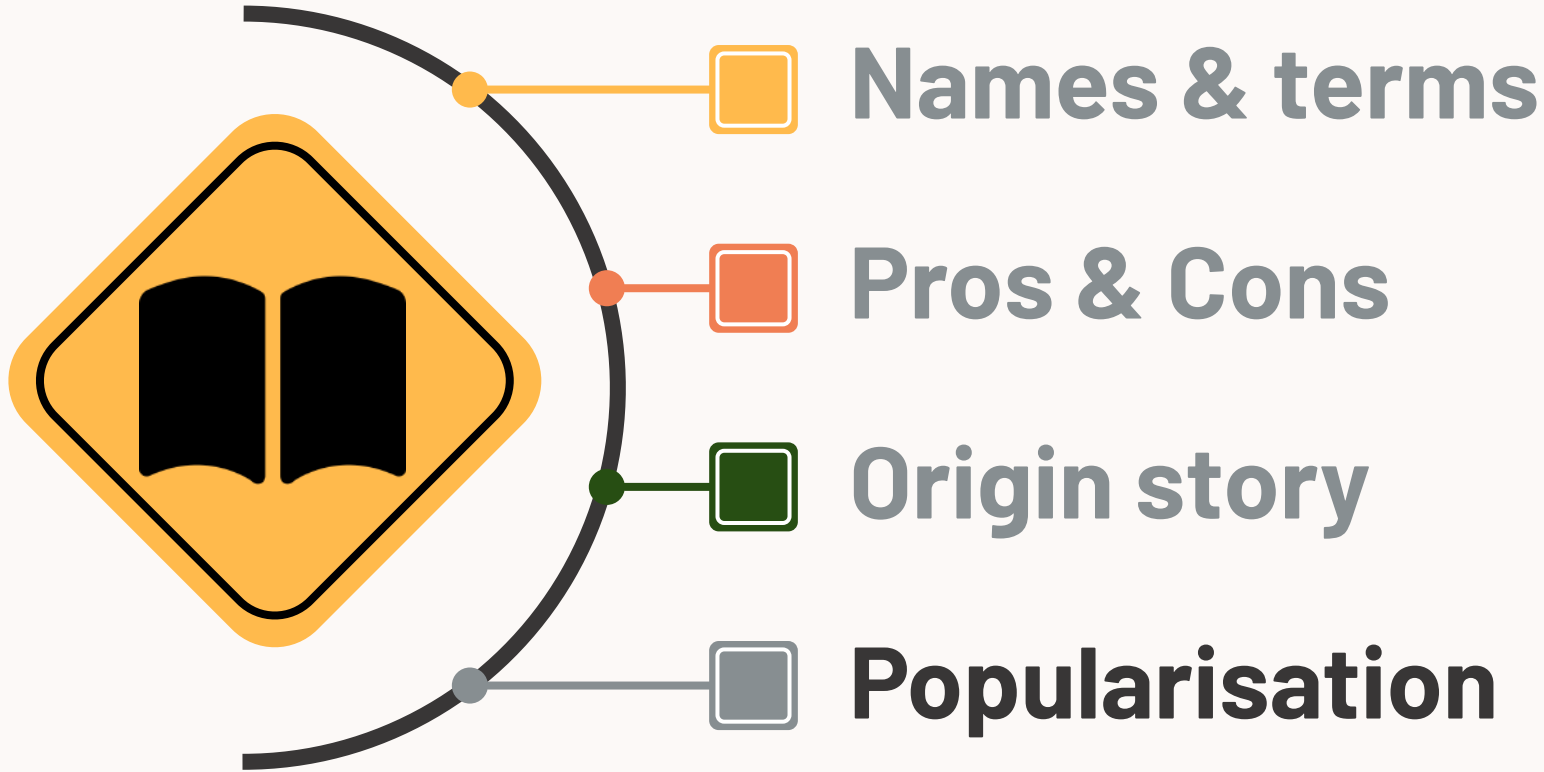
Image: BMEZine.com

“Unfortunately, like the rest of Doug’s creative piercing history, there seems to be no evidence showing this to be true, and the guiche’s origins are more likely in the gay BDSM subculture of the late 70s and early 80s.”



**INFINITE**  
Body Piercing

## 02 - BACKGROUND





# BACKGROUND: Popularisation

Like many genital piercings, guiche piercings were primarily practiced in gay BDSM culture and grew in popularity during the growth of modern piercing in the late 1980's and early 90's.

1978 - West Hollywood

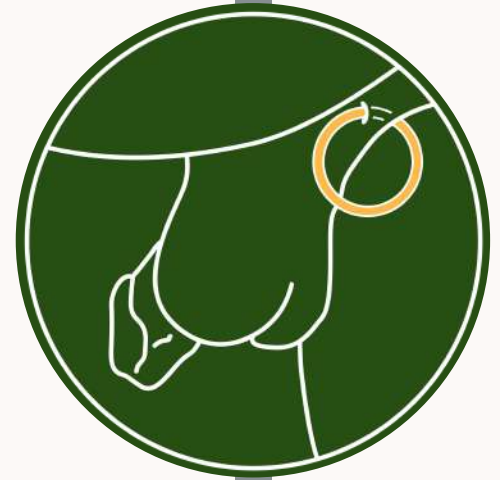


Image: Running the Gauntlet

# BACKGROUND: Popularisation

Although the guiche piercing hasn't seen the same increase in popularity that other genital piercings have experienced, it is gradually becoming less of a symbol of BDSM culture and becoming more mainstream.

**GOOCHES  
AHEAD**



# BACKGROUND: Popularisation

## Why are people getting the piercing?

- ❑ As a symbol of gay or queer culture
- ❑ Bulbospongiosus muscle stimulation
- ❑ To align Root Chakra (Muladhara - "mula-ad-har-a")
- ❑ As part of a larger piercing ladder or project
- ✅ Because they think they are just neat





Piercings & photos: Becky Dill

Infibulation (in·fib·u·la·tion) - chastity play

# BACKGROUND: Popularisation

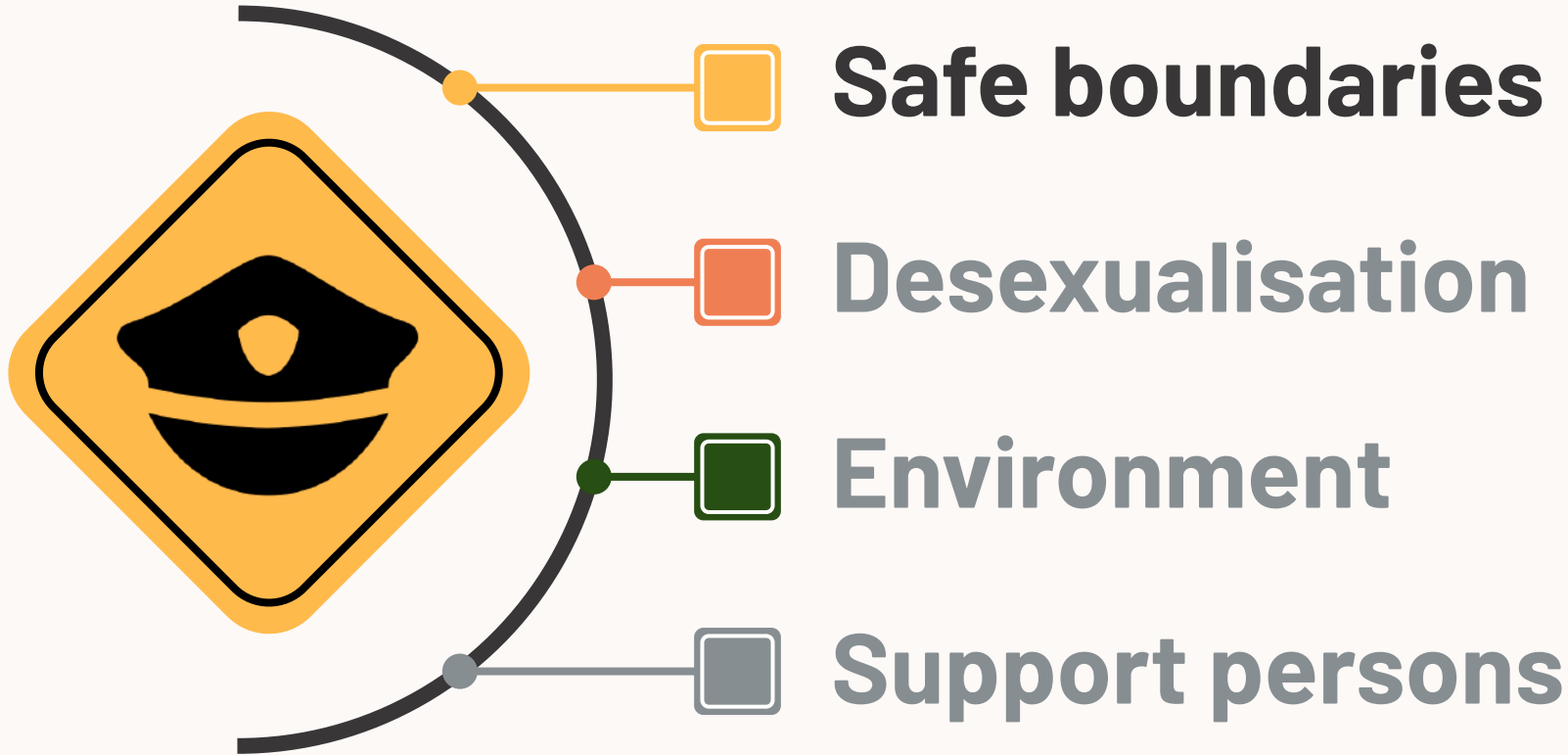


So why aren't more people getting their guiche pierced?

Often clients assume that it is a piercing "only for gay men"

It's our job as practitioners to guide and inform clients of their options – **tell them about the guiche!**

## 03 - ROOM CONTROL





# ROOM CONTROL: Safe boundaries

As practitioners, we establish the tone for the procedure and largely it falls on us to manage the space, ensuring the client feels comfortable, safe, and respected throughout their piercing experience.

We need to set boundaries for ourselves and our clients alike to ensure a positive outcome.



# ROOM CONTROL: Safe boundaries

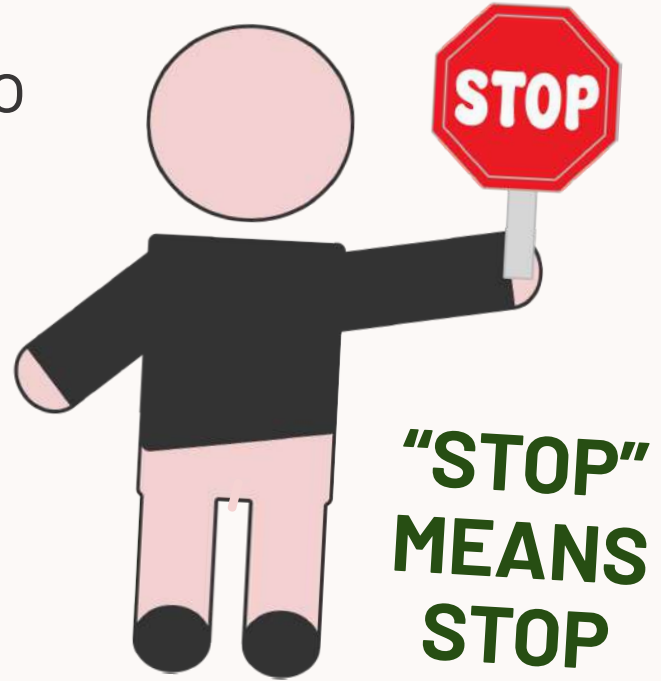
- Conduct yourself professionally
- Manage the energy and space positively
- Help clients feel comfortable in a vulnerable state
- Let the clients know they can feel safe discussing sensitive questions, and explain if you are not comfortable answering any personal questions



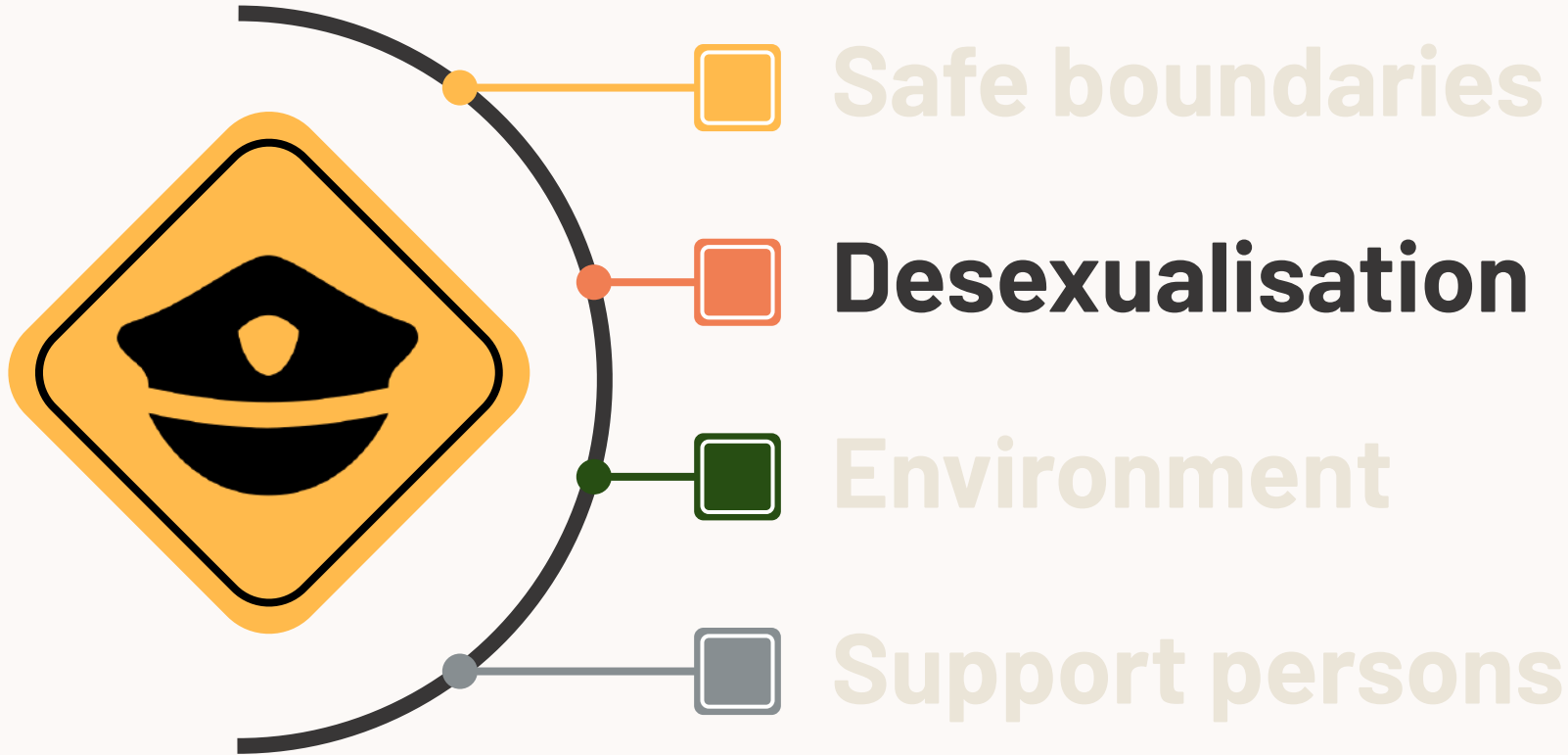


# ROOM CONTROL: Safe boundaries

- Tell your client they can ask you to pause at any time if they are uncomfortable or anxious
- Let them know that if they say “stop” that you will do so as soon as it is safe but that means you will need to reschedule them



# 03 - ROOM CONTROL



# **ROOM CONTROL: Desexualisation**

## **Removing sexualization from the procedure**

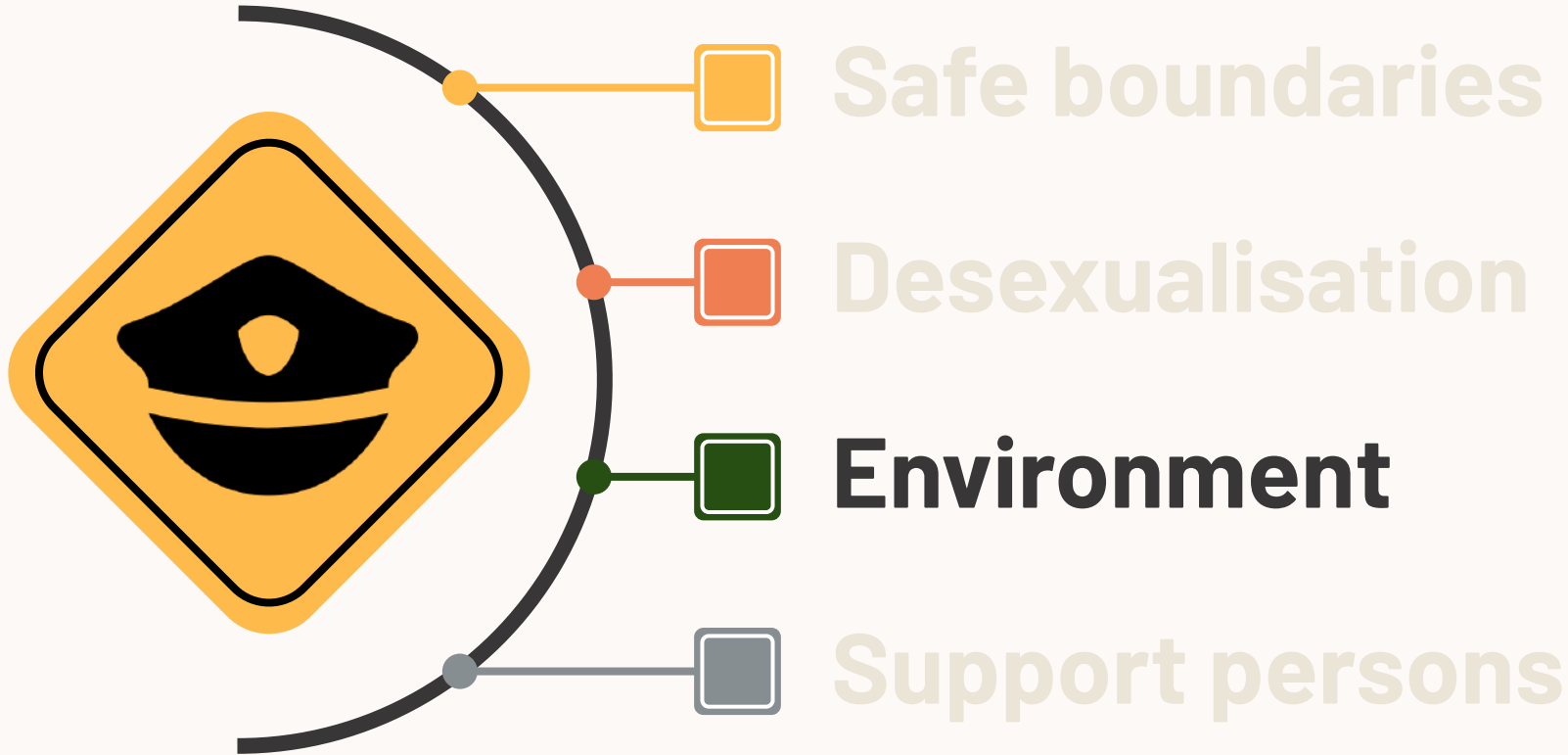
- Use gender-neutral language & terminology
- “When you are ready please remove your garments and take a seat on the table” vs  
“Drop your dacks and show us your junk mate”
- “This is a piercing that can be negatively affected by getting pulled on” vs “Do you like rough sex?”

# ROOM CONTROL: Desexualisation

**Use generic nouns, such as:**

- Area
- Anatomy
- Vulva
- Penis
- Structure
- Folds/creases
- Tissue
- Protrude
- Intercourse
- Oral contact
- Bodily fluids
- Sexual activity

# 03 - ROOM CONTROL



# ROOM CONTROL: Environment

- Perform consults and aftercare in a private area free from other people
- If you need to open the door, have a sheet or drape over your client's hips
- Secure your procedural room door, and make it obviously where the lock is and how it operates



# ROOM CONTROL: Environment

- Use hand sanitiser upon entry and exit of the room and request your client does the same
- Ask the client if you can close the door, & if they are comfortable getting undressed, etc
- Get informed consent prior to touching and say exactly what you are doing. ie: "I'm just going to adjust your anatomy so I can check for viability"



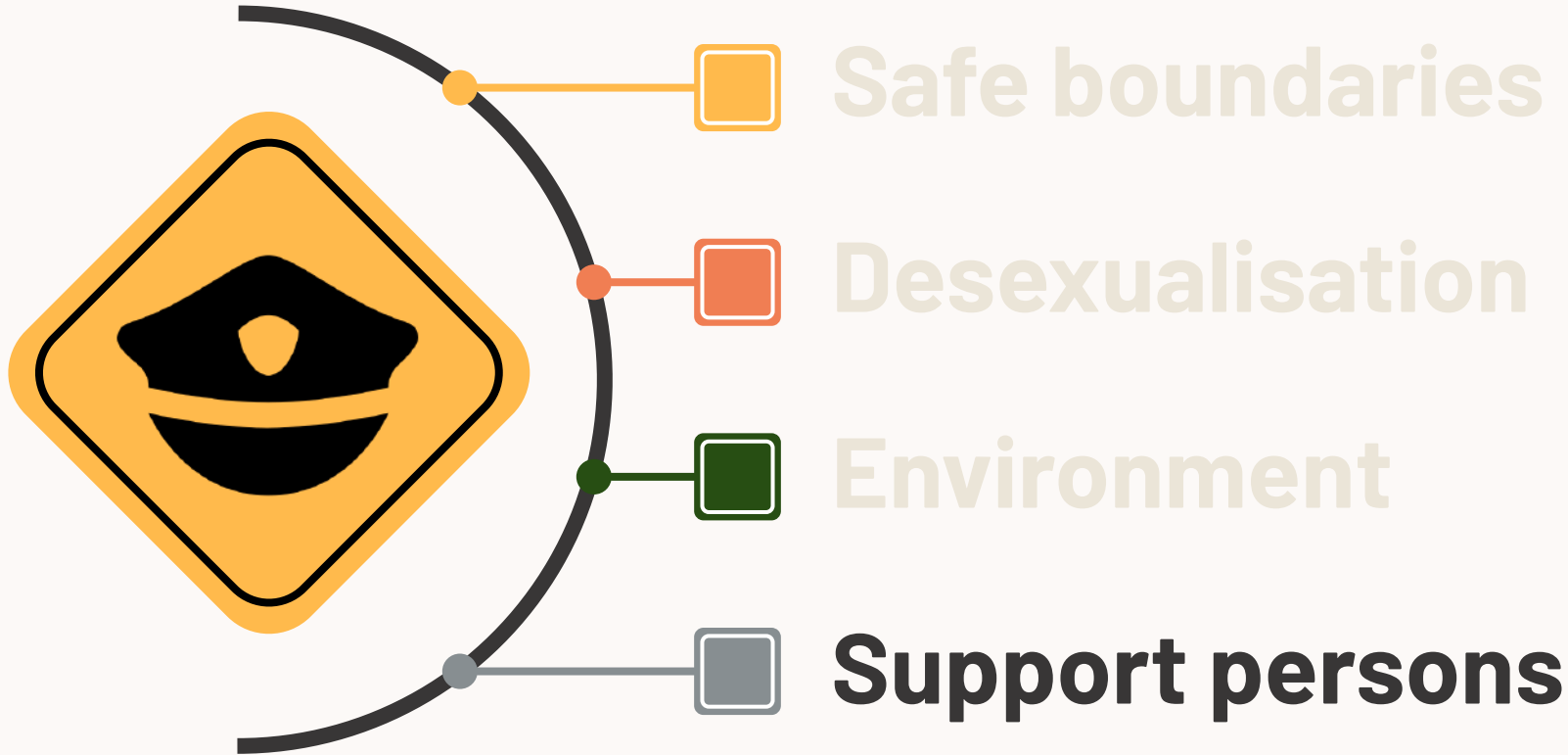
# ROOM CONTROL: Environment

- Create a designated space for your client to place their personal belongings, clothing, shoes, etc
- Offer the bathroom prior to entering the room to perform a consultation or the piercing procedure
- If you are able to, have unscented wet wipes available in the bathroom for all clients to use

# ROOM CONTROL: Environment

- If necessary, have staff wait for client consent and verbal confirmation and before entering
- Have an area away from reflective surfaces for you to 'do things' while the client undresses
- Use the client's phone when taking photos to show marking or explain anatomical placement

# 03 - ROOM CONTROL



# ROOM CONTROL: Support persons

They can be beneficial for the client's comfort, but extra care needs to be taken with someone else in your room

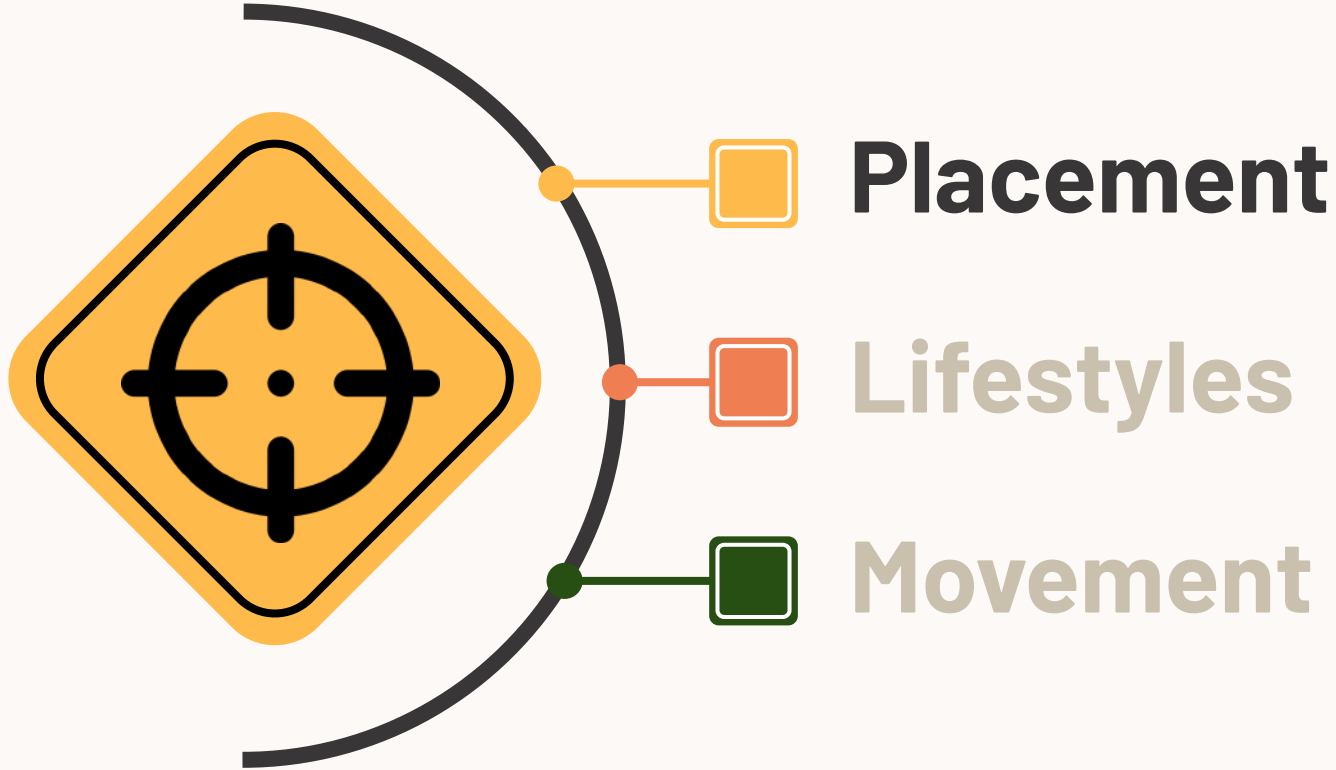
Ask the client, by themselves, if they would like a support person with them



# **ROOM CONTROL: Support persons**

- Have a client chair for them to be able to be physically next to the client, but not in your way
- Be clear to support people and let them know if you are comfortable with them getting up close
- Be sure to communicate directly with the client

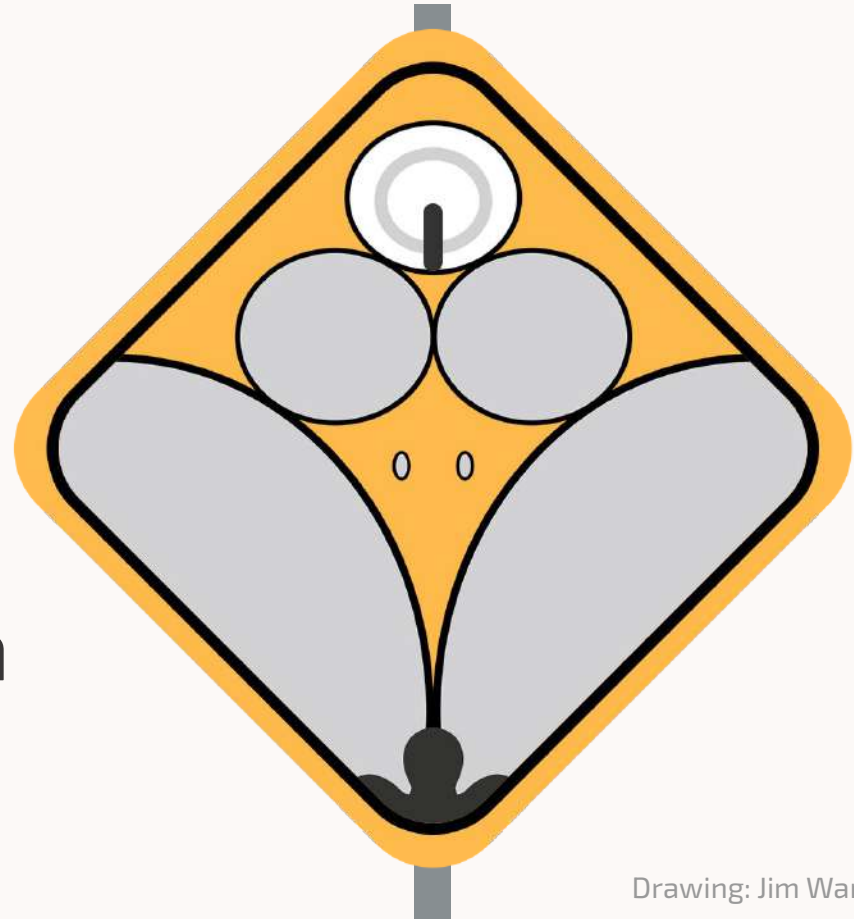
# 04 - VIABILITY



# VIABILITY: Placement

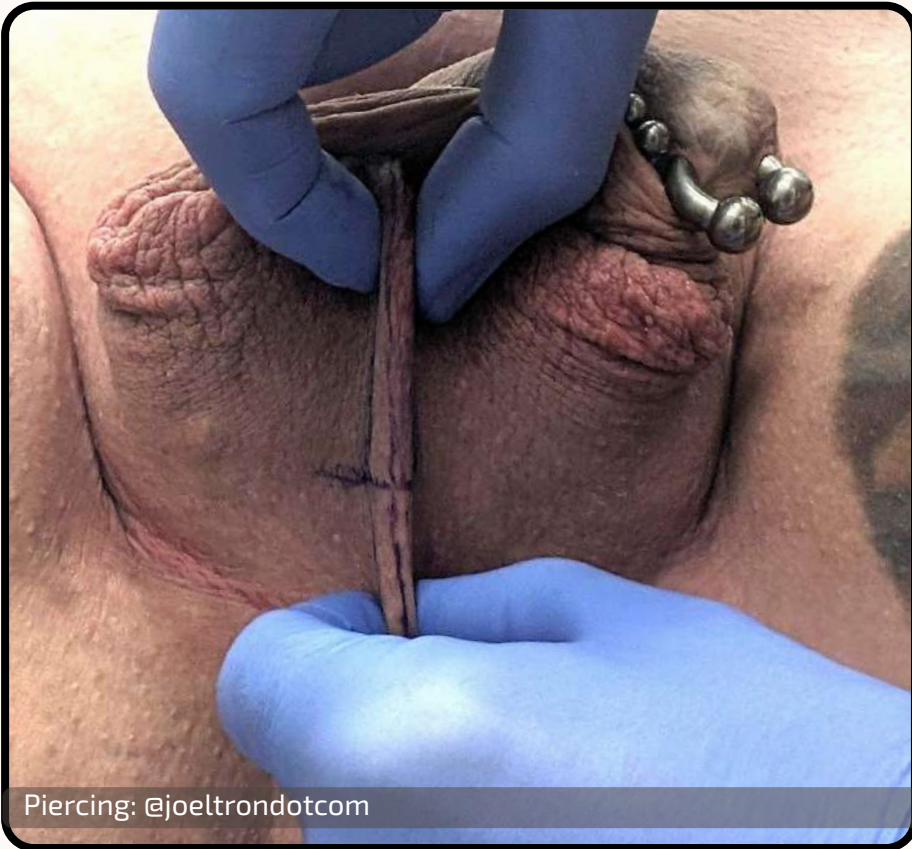
Not everyone will have a viable “guiche gap” for the piercing to reside

It will also look different depending if viewed from behind or underneath





# VIABILITY: Placement



# Viability: Placement

Laying with knees up



Sometimes the area is too small to be viable, especially when AFAB

A similar aesthetic can be achieved with a fourchette piercing

# Viability: Placement

When viewed from behind, and the client standing, often it can appear more towards the scrotum than the anus



# Viability: Placement



Images: @joeltrondotcom

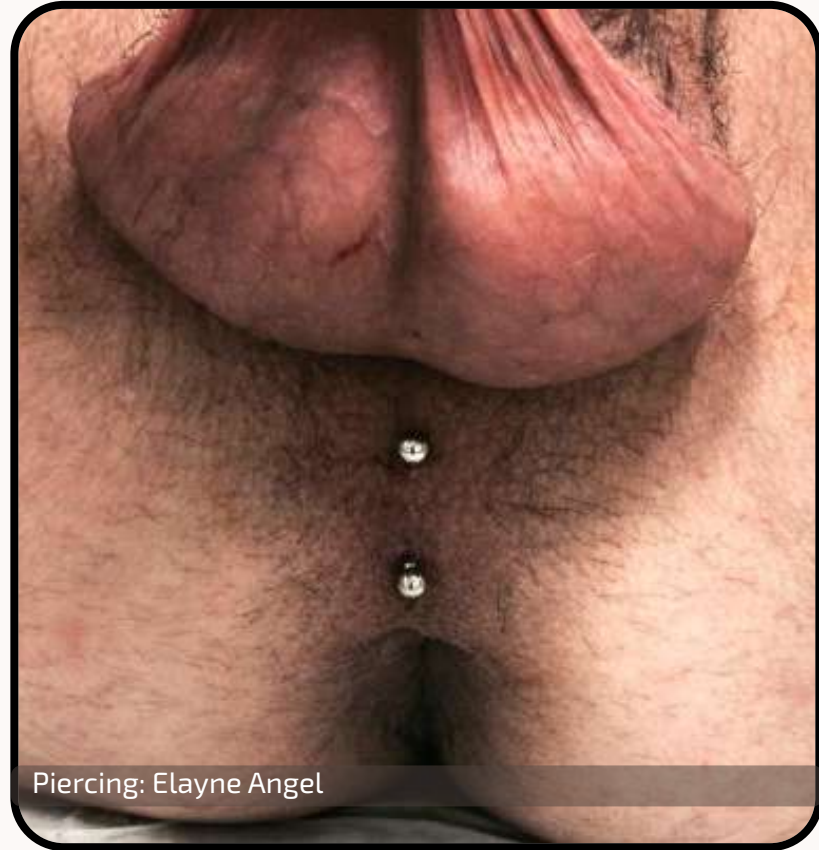
A similar aesthetic can be achieved with a Fourchette piercing

**Fun fact:** The Fourchette is credited to Elayne Angel, who had it done on themselves, as an alternative to a guiche piercing



# VIABILITY: Placement

They can also be done vertically (parallel to the raphé), although they are harder to heal due to the opposing movement and folds of the tissue



Piercing: Elayne Angel



## VIABILITY: Placement

Curved barbells should be worn in vertical placements, to avoid twisting and irritation – but that doesn't mean you can't go fancy!



# Viability: Placement



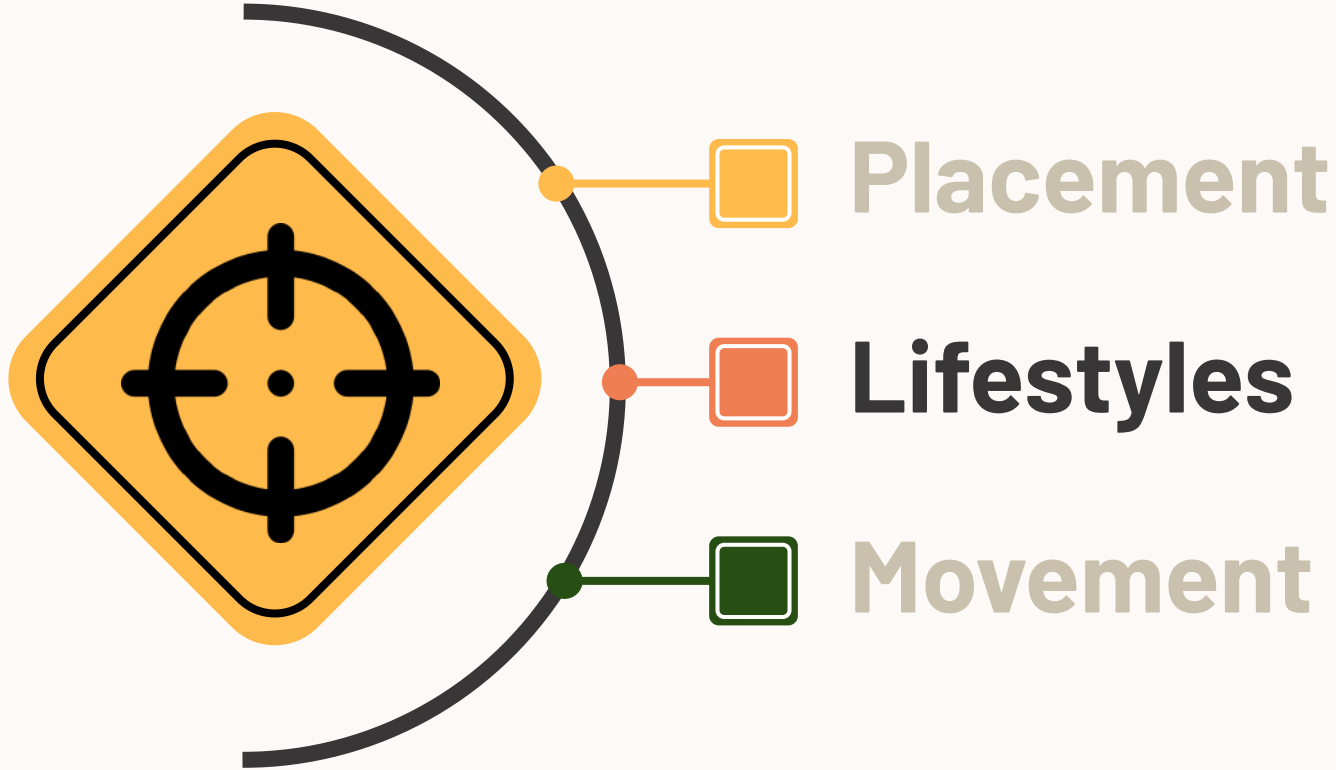
Piercing: Becky Dill

For multiple piercings, start with the front most placement

Once healed, the tissue tends to 'tent' together, allowing more viable tissue to pierce



# 04 - VIABILITY



## VIABILITY: Lifestyles

More active lifestyles can often lead to more problems as friction, movement can cause irritation

Jogging or riding a bicycle will cause the thighs to rub against the jewellery and each other



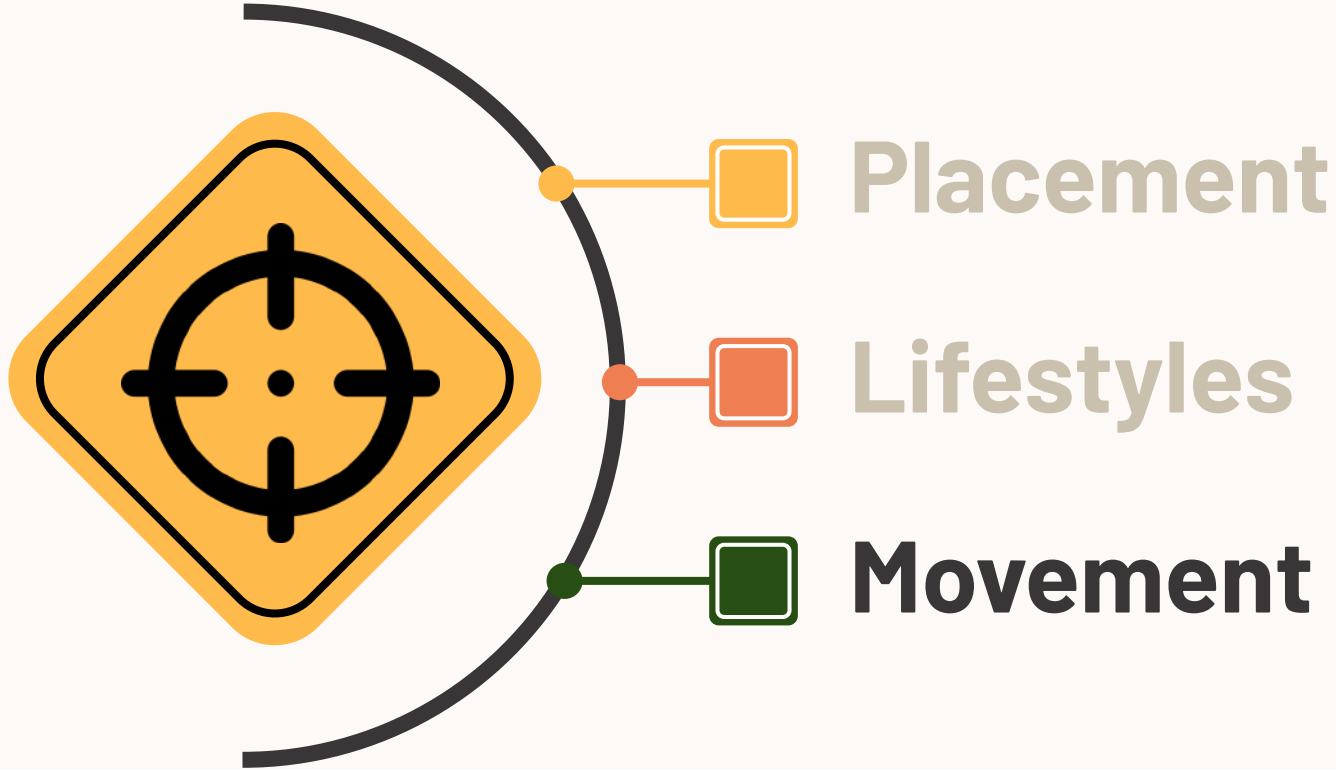
# VIABILITY: Lifestyles

Heavier clients may get more irritation from their thighs pushing against the jewellery and piercing placement may need to be made more forward



Piercing: @joeltrondotcom

# 04 - VIABILITY

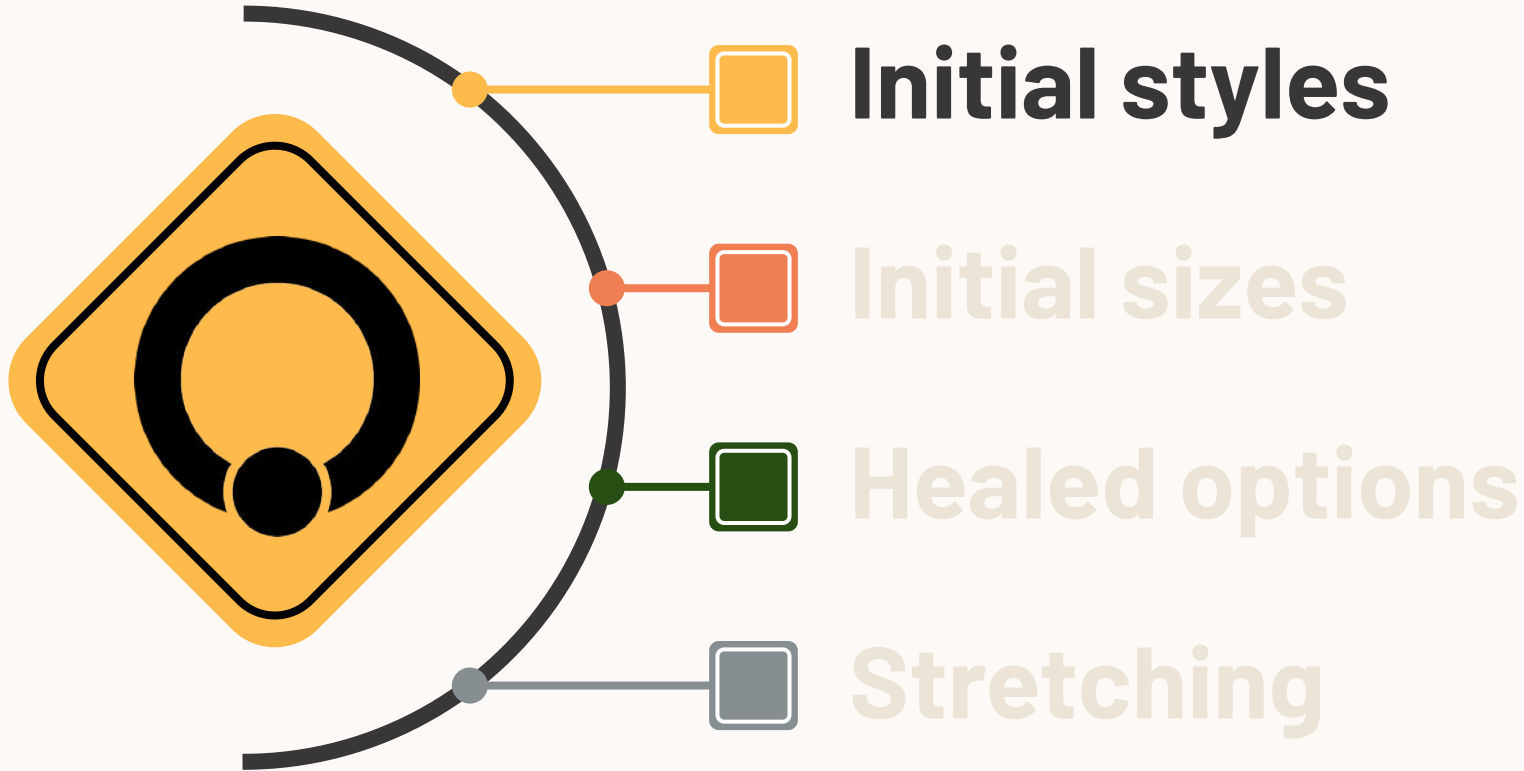


# VIABILITY: Movement



More forward placements, towards the scrotum, tend to be more viable to heal as they twist significantly less with thigh movement

# 05 - JEWELLERY



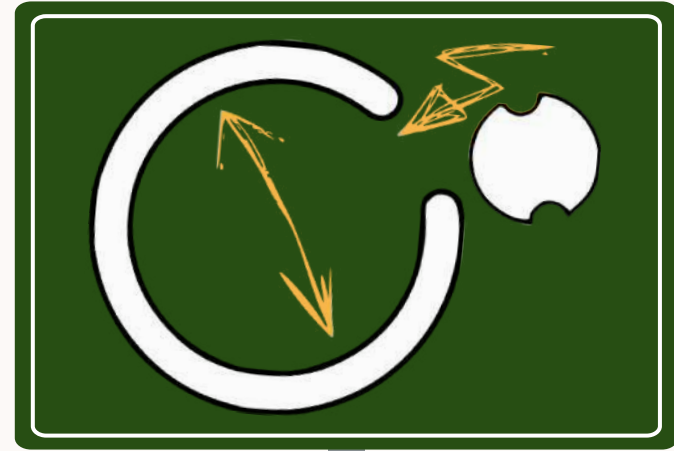
# JEWELLERY: Initial styles - types

## Advantages:

- Lower chance of catching
- Less likely to come undone

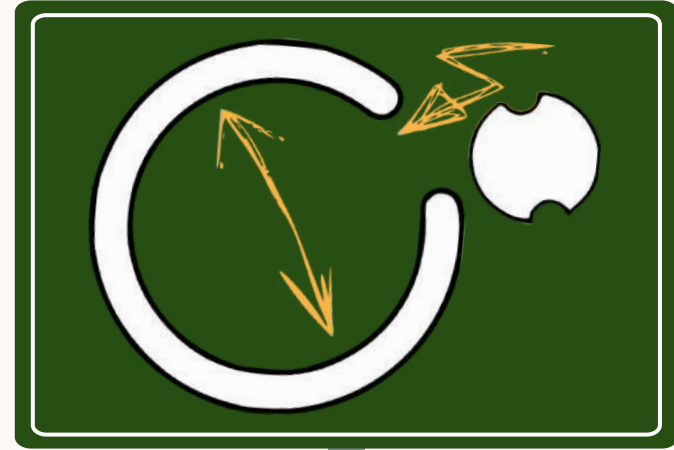
## Disadvantages:

- Ring-openers may be needed (especially for thicker gauges)



**CAPTIVE RING**

# JEWELLERY: Initial styles - types



**CAPTIVE RING**



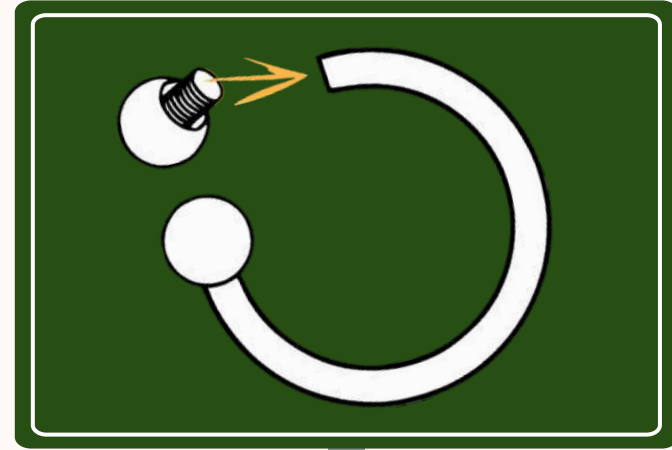
# JEWELLERY: Initial styles - types

## Advantages:

- No tools required

## Disadvantages:

- More likely to get caught on other jewellery and clothing
- Less secure as ends can be removed by the client

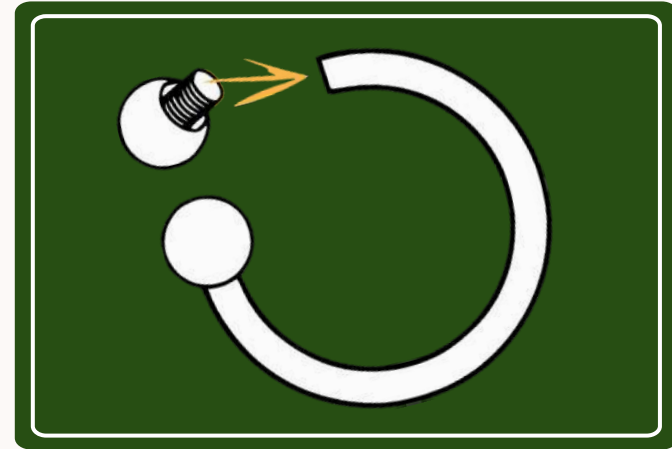


**CIRCULAR  
BARBELL**

# JEWELLERY: Initial styles - types



Image: Infinite Piercing



**CIRCULAR  
BARBELL**

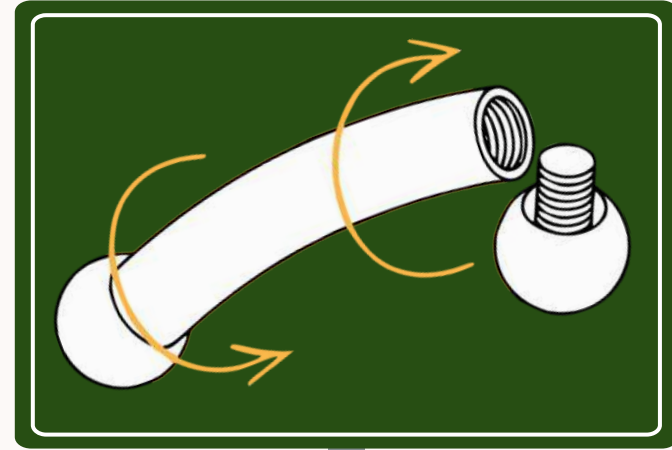
# JEWELLERY: Initial styles - types

## Advantages:

- Less volume than a ring
- 'Lower profile' guiche anatomy

## Disadvantages:

- More prone to irritation if they tend to 'slide-to-side'
- Should be shortened during healing to reduce movement

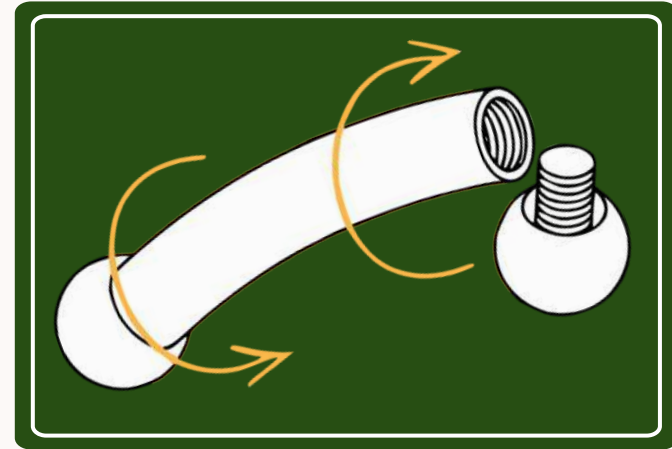


**CURVED  
BARBELL**

# JEWELLERY: Initial styles - types



Piercing: Becky Dill



**CURVED  
BARBELL**

# JEWELLERY: Initial styles - materials

## TITANIUM TCE

### Advantages:

- Very light weight material, which may reduce irritation
- Can be coloured

### Disadvantages:

- More expensive than steel alternatives
- Captive rings require more force to install

# JEWELLERY: Initial styles - materials

## SURGICAL STEEL <sup>ST</sup>

### Advantages:

- Brighter luster  
(more of a silver tone)
- Cheaper than most  
other materials

### Disadvantages:

- Much heavier (+50%) than  
titanium
- May heal slower due to  
increased weight

# JEWELLERY: Initial styles - materials

41

## NIOBIUM

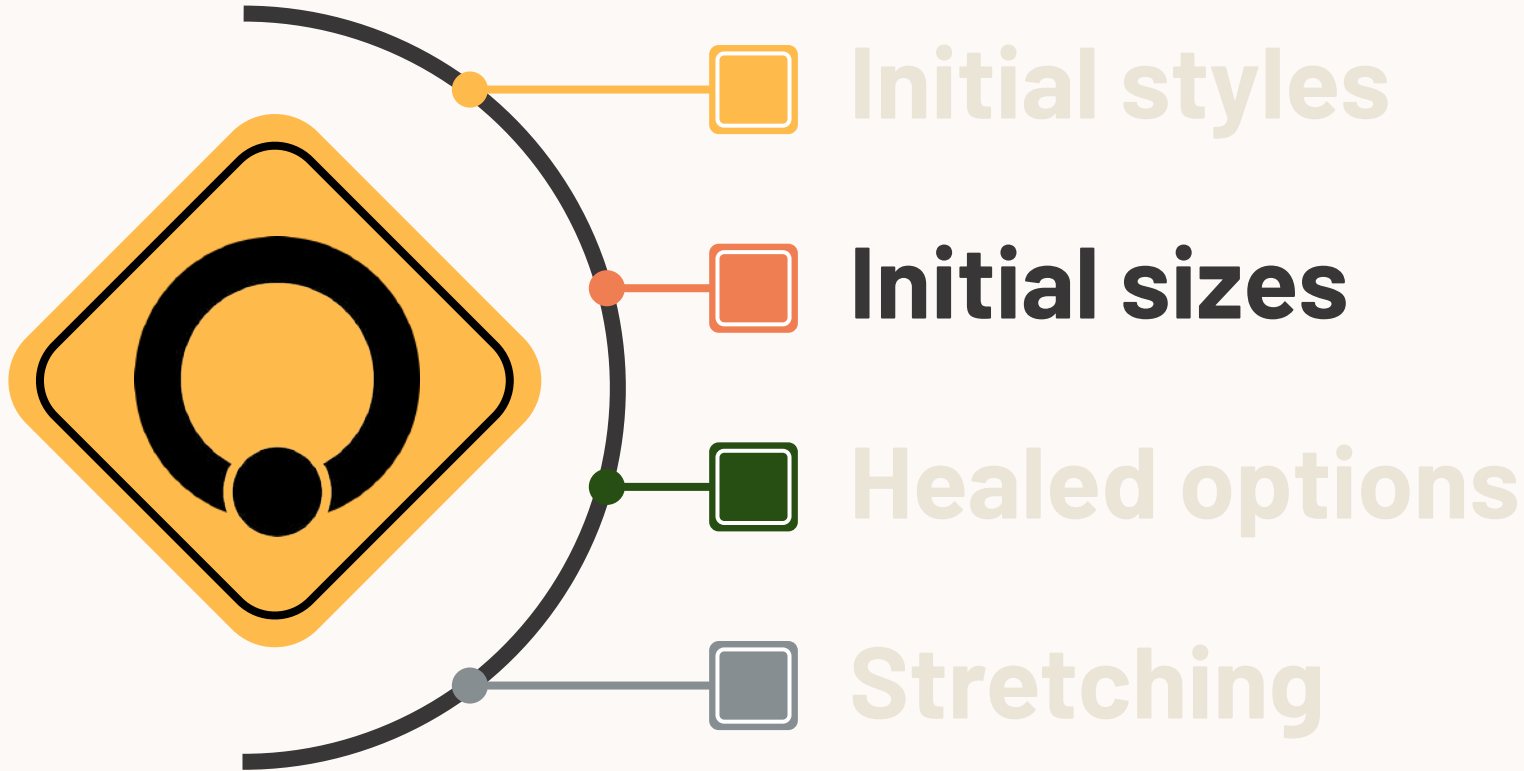
### Advantages:

- Can be made a black
- Can also be coloured, similar to titanium
- Beads are easier to remove from CBRs

### Disadvantages:

- MUCH heavier than nearly all other non-gold materials
- No implant-grade designation

# 05 - JEWELLERY





# JEWELLERY: Initial sizes

**GAUGE  
LIMIT**

**10-8**

- Too thick and the tissue tends to bunch up & become easily irritated
- Too thin and the jewellery can migrate through the soft tissue
- **10-8 gauge** (2.5-3mm) gives great tissue support & minimal pressure

# JEWELLERY: Initial sizes

The exact diameter used needs to reflect the client's tissue thickness, tissue elasticity, size of guiche gap and overall build of the client's genitals

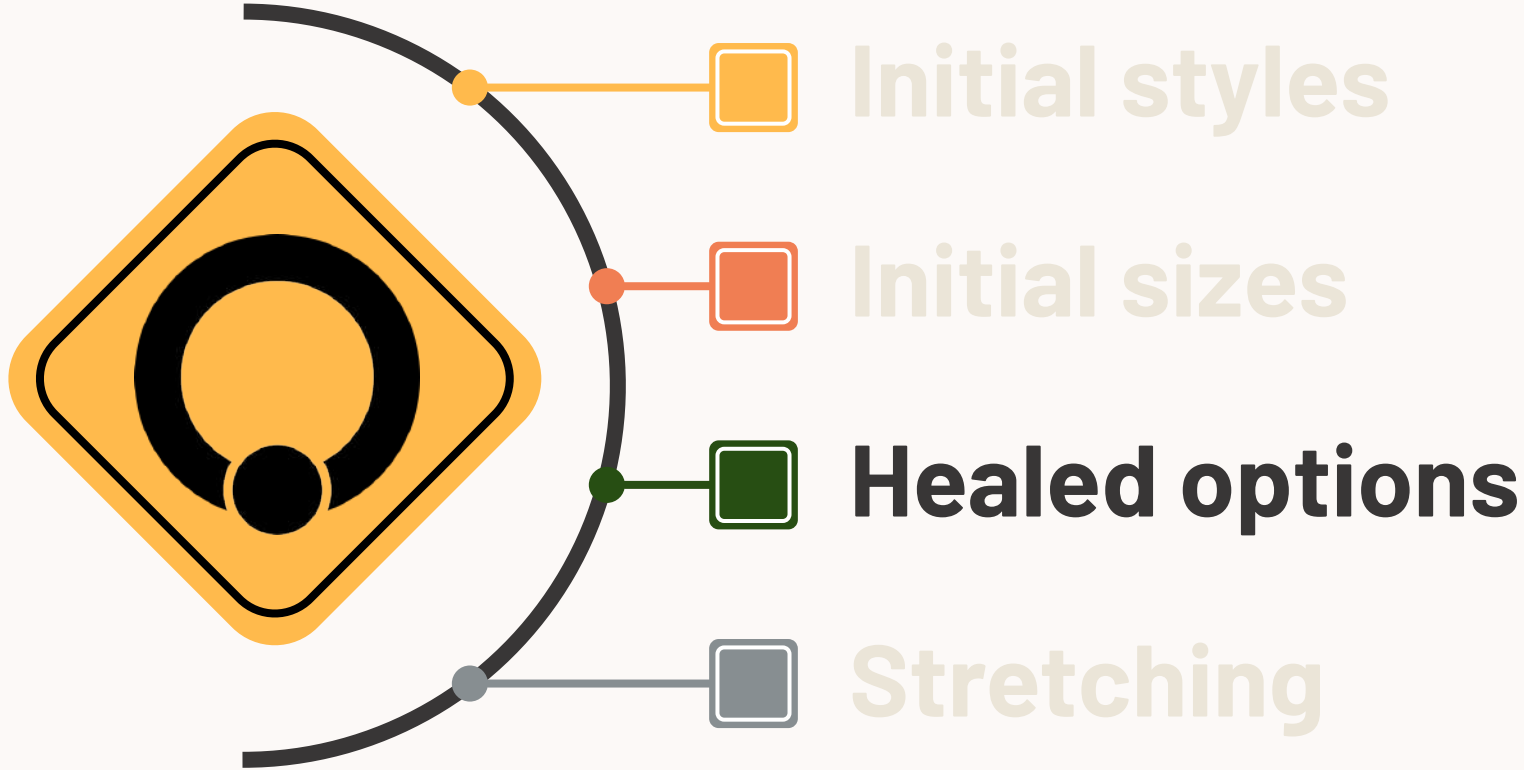
**DIAMETER**

**COMMON SIZE**

**5/8" (16mm)**

5/8" (16mm) internal diameter seems to be the most common but there is always an exception to the rule!

# 05 - JEWELLERY



# JEWELLERY: Healed options

## SOLID 14/18KT GOLD

- A valuable precious metal, that won't fade
- Significantly heavier than others
- Yellow, White & Rose colours
- Scratching can occur easier
- May tarnish over time



Photo: Anatometal

# JEWELLERY: Healed options

## OTHER TYPES OF RINGS

- Screw-on-ball rings
- Clickers and segment rings
- Decorative or heavy jewellery
- Materials not suitable for initial piercing use



# JEWELLERY: Healed options

## WEIGHTS AND DANGLES

- Gives an increase in 'swinging' feeling
- Can be temporarily or permanently attached
- If worn too early, or if too heavy, can result in thinning or migration



Image:  
Suzanne Hallett



Jewellery: Gauntlet Weight  
Image: Matte Erickson

# JEWELLERY: Healed options

## TUNNELS

- Once stretched (usually 0g and up), tunnels/eyelets can be worn
- Low profile & light weight option
- Rings (or accessories), can even be worn through the eyelet hole

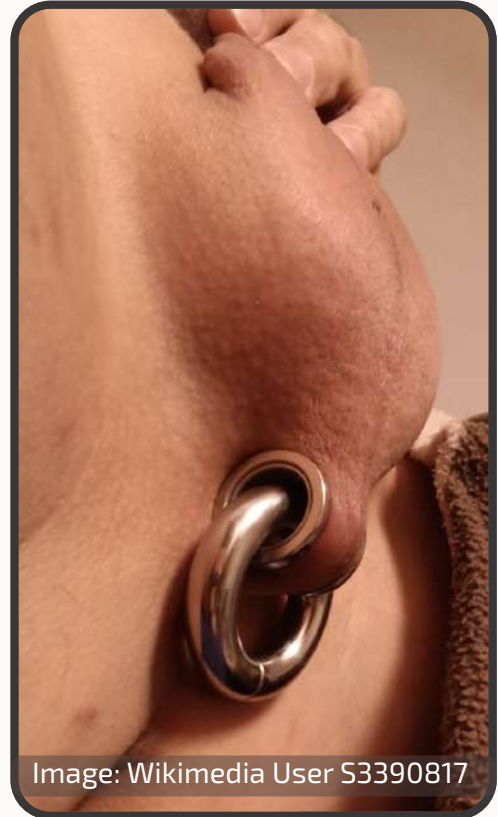
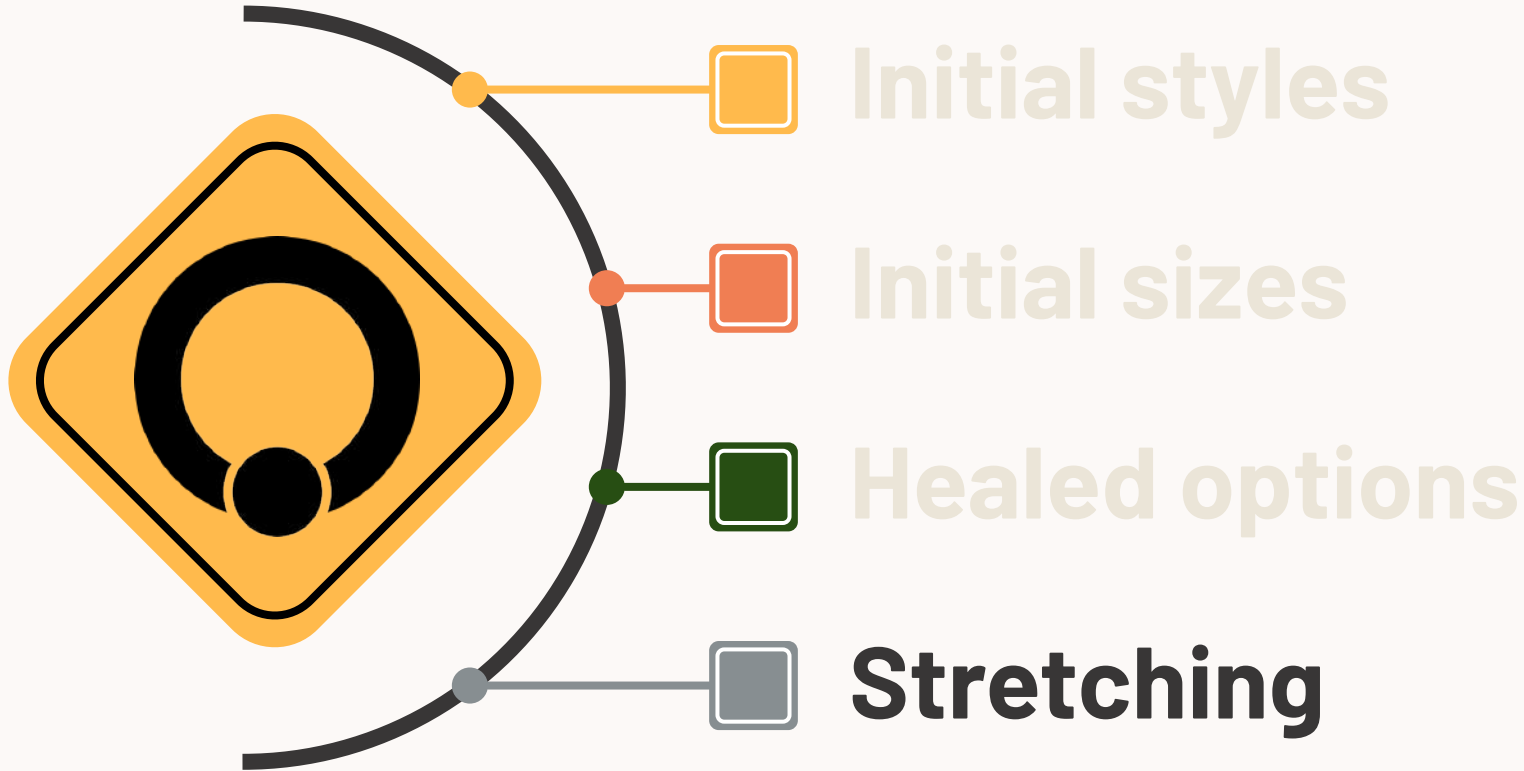


Image: Wikimedia User S3390817

## 05 - JEWELLERY





# JEWELLERY: Stretching

Perineum tissue is generally quite elastic - a healed piercing can be stretched using incremental rings

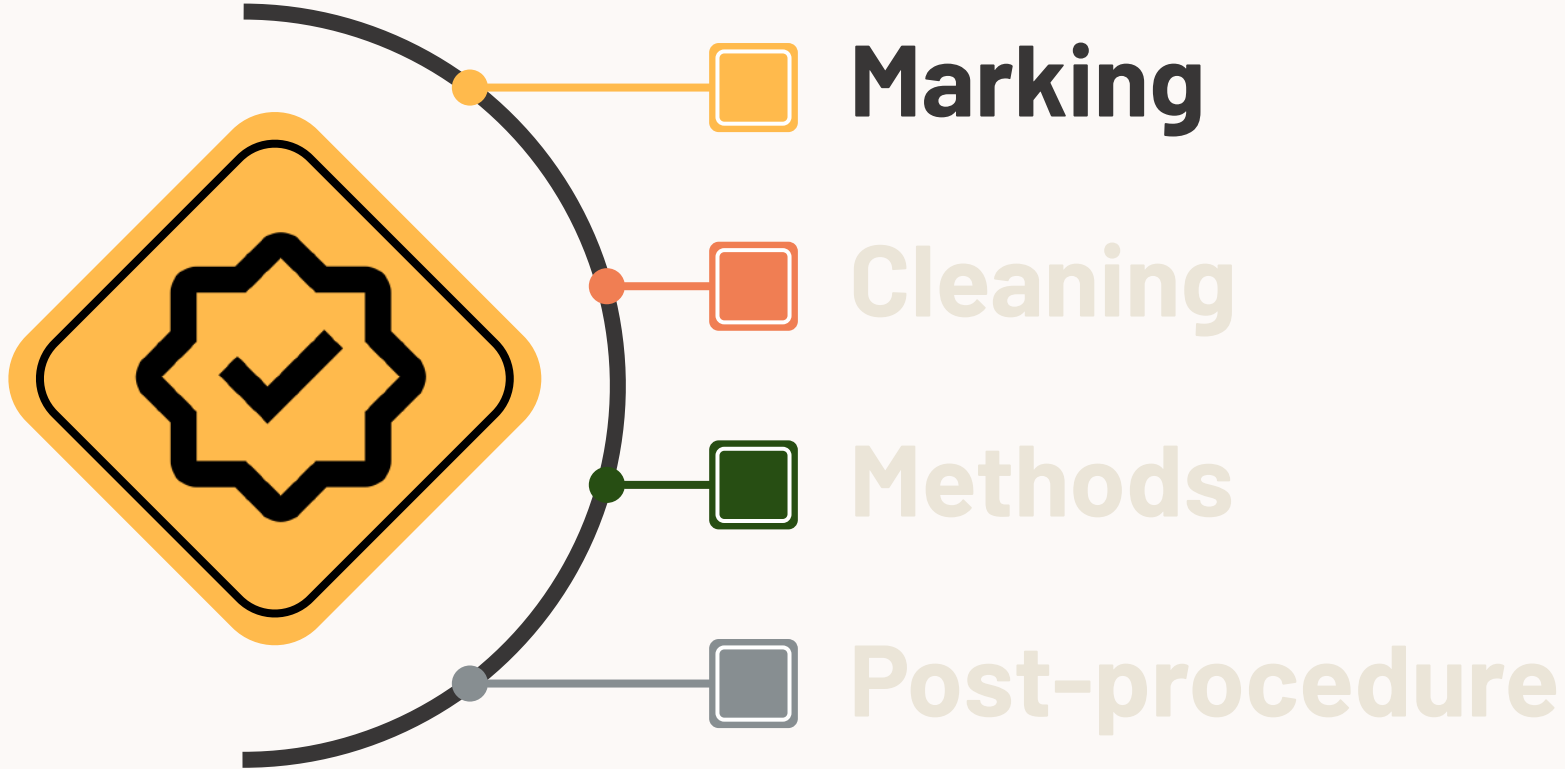
Generally waiting 3-5 months for the initial healing and maturation, then you can often simply insert the next size without using any taper or tools



# **JEWELLERY: Stretching**

- Additional sizes can be installed after 6–8 weeks, depending on tissue elasticity
- Jewellery may not fit as well between the thighs and can cause discomfort when walking
- You won't need a lot of room for swelling
- Stop if tissue appears to be thinning over time

# 06 - PREP & PROCEDURE



# PROCEDURE: Marking

Observing the tissue in a standing position gives a good indication of an approximate placement

Using a hand mirror can help to make a mark in the approximate location

Ensure mirror is totally non-porous and disinfect thoroughly after use



# PROCEDURE: Marking



Image: @joeltrondotcom



Image: @joeltrondotcom

# PROCEDURE: Marking

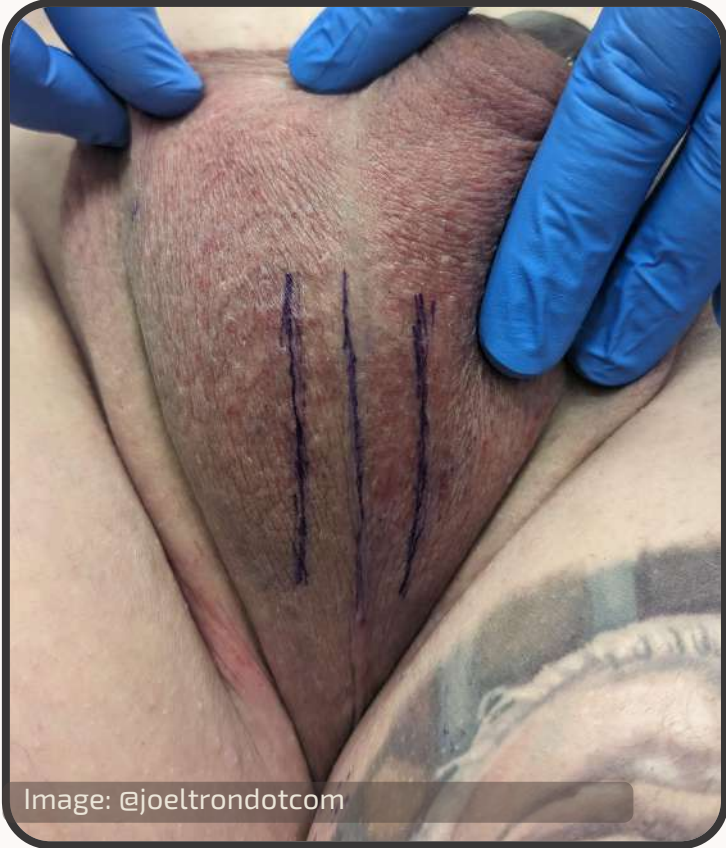


Image: @joeltrondotcom

Mark your raphé center line and roughly mark the width of your jewellery as the tissue will bunch naturally when standing



# PROCEDURE: Marking



Now, go refine your marks!

Doing a perpendicular line where you approximated placement can also help ensure you are straight

Image: @joeltrondotcom

# PROCEDURE: Marking

Always double check standing up to make sure you are straight and still in the optimal placement

You can even get the client to stand legs wide and legs tight to emulate movement

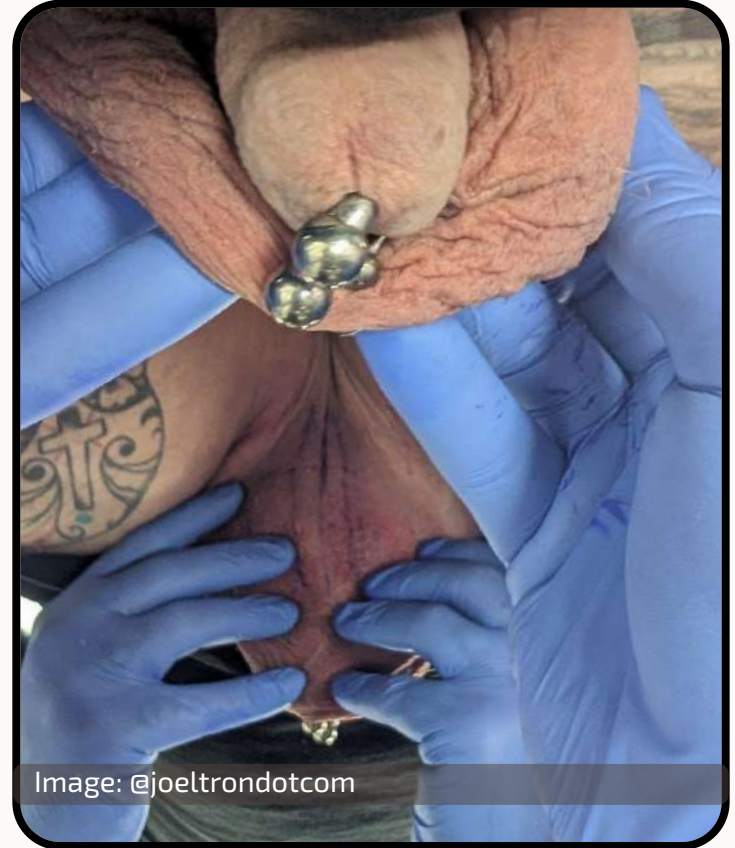


Image: @joeltrondotcom



# 06 - PREP & PROCEDURE



# PROCEDURE: Cleaning



- Explain you need to adjust tissue and may need to touch and move intimate body parts
- Use Povidone-Iodine or PCMX Chloroxylenol
- Disinfect the scrotum front and back, inner thighs and MUCH more than you may think - including any areas you may rest your hands on

# PROCEDURE: Cleaning

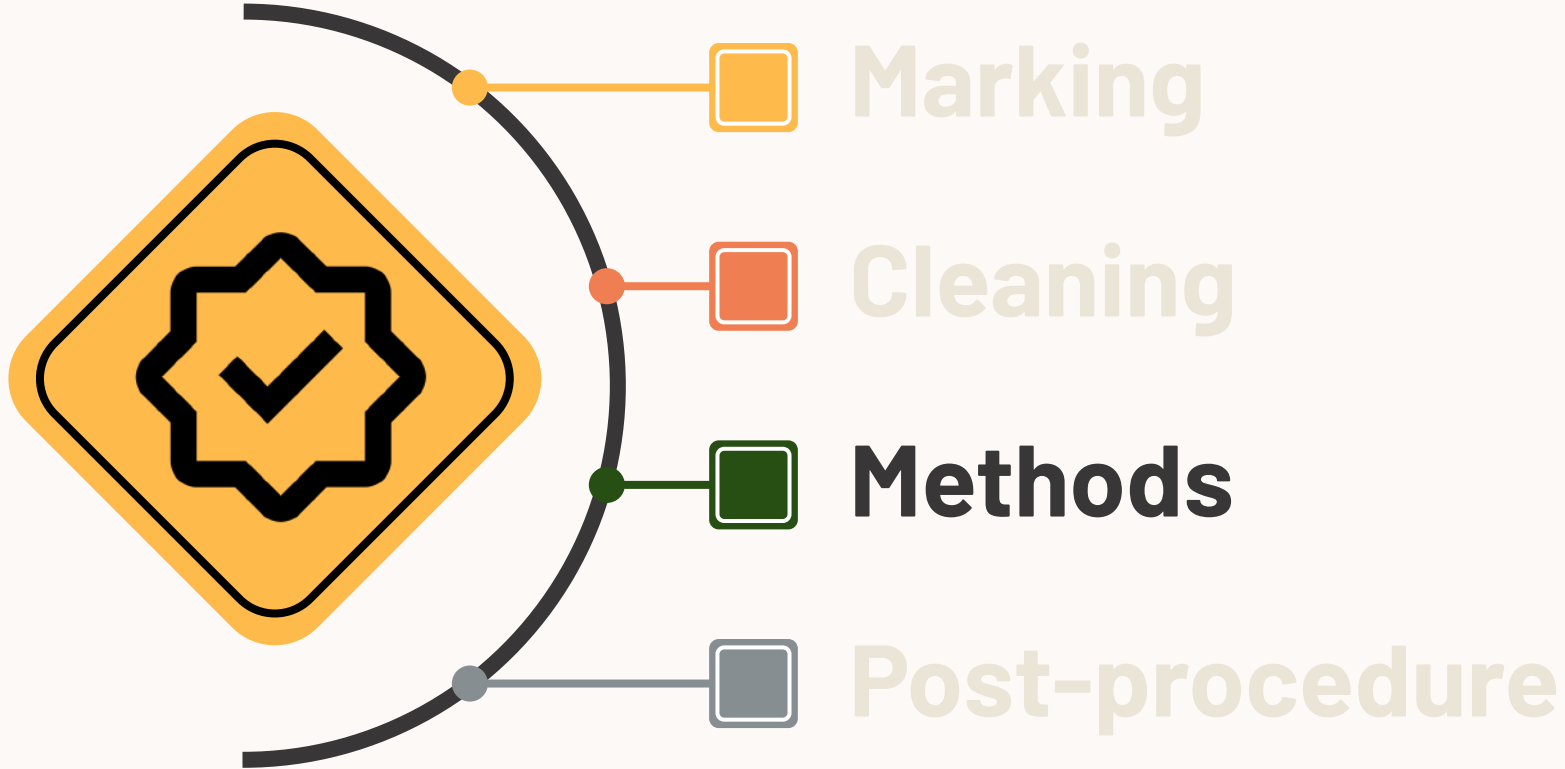
- Client erections can occur as an involuntary reaction to the physical stimuli when cleaning
- Tissue can move around, so be sure to check any potential folds and clean with the skin stretched
- You can use a non-indicating disinfectant, like PCMX, on the thighs to minimise post clean-up

# PROCEDURE: Cleaning



**Prep everywhere  
inside this area**

# 06 - PREP & PROCEDURE



# **PROCEDURE: Methods**

## **“Behind” (hands & knees)**



### **Advantages:**

- Can easily be performed clamped or freehand
- Better visual access of the area to pierce
- Increases the natural tissue folds and creases
- Scrotum in a ‘hanging’ position, which usually stops it getting in the way during the procedure

# PROCEDURE: Methods

## “Behind” (hands & knees)



### Disadvantages:

- Less client stability, especially on lighter beds that tend to be wobble due to center of gravity
- Usually more vulnerable & awkward for clients
- Less control if the client moves or faints
- Least physically accessible position

# PROCEDURE: Methods

## “Behind” (hands & knees)



### Tips n' Tricks:

- Don't forget to check your marks again standing
- Use other fingers to separate butt cheeks
- Ensure your client feels comfortable and give them notice of any movements or actions prior

“face down ass up thats the way we like to guiche”





# PROCEDURE: Methods

## “Supine” (laying on back)



### Advantages:

- More comfortable for the majority of clients
- Somewhat safer, as the client laying on their back will nearly always be more stable
- Works on nearly any procedural table or bed

# **PROCEDURE: Methods**

## **“Supine” (laying on back)**



### **Disadvantages:**

- Scrotal tissue can often be challenging to keep in check and separated from piercing area
- Tissue is more taught, so care needs to be given to not scratch or cut the thigh while piercing
- Generally can't clamp due to tissue tightness



**10g 5/8" Guiche**

Freehand with 10g Kiwami

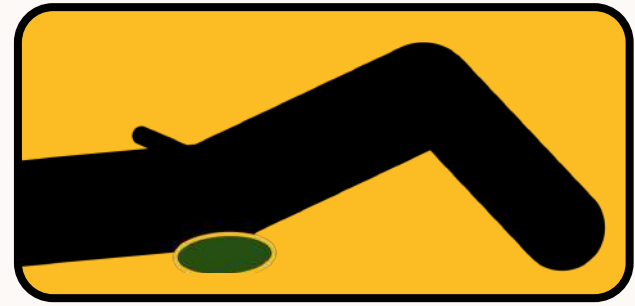
**Piercing by: @Joeltrondotcom**

Music: Soundgarden - Brown Hole Sun



# PROCEDURE: Methods

## “Supine” (laying on back)



### Tips n' Tricks:

- A cushion underneath can help keep the penis at a higher point, so it lays back on the stomach
- The best access is in the “butterfly” with knees high and apart, and with feet together and tight
- Use an aseptic drape for increased scrotal grip

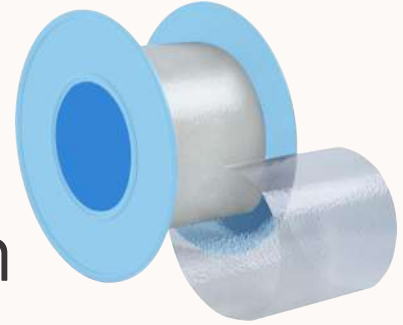
# PROCEDURE: Methods

## “Supine” (laying on back)



### Getting some help:

- You can use skin-safe tape to hold the penis shaft to the client's stomach
- Avoid requesting the client to assist themselves unless you are certain that they will not move



# PROCEDURE: Methods

## “Stirrups” (on back, legs up)



### Advantages:

- The “same” position as being “on all fours”, so giving you nearly all the same benefits
- The “same” comfort as “laying on back”, so giving you nearly all the same benefits

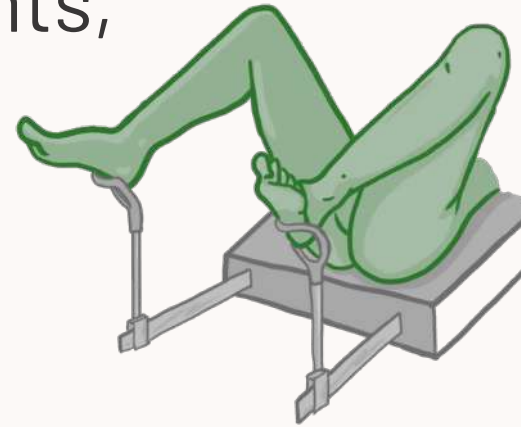
# PROCEDURE: Methods

“Stirrups” (on back, legs up)



## Disadvantages:

- Expensive specialised furniture needed
- Can be visually intimidating for clients, especially if they can't be removed
- May be annoying/bulky to store

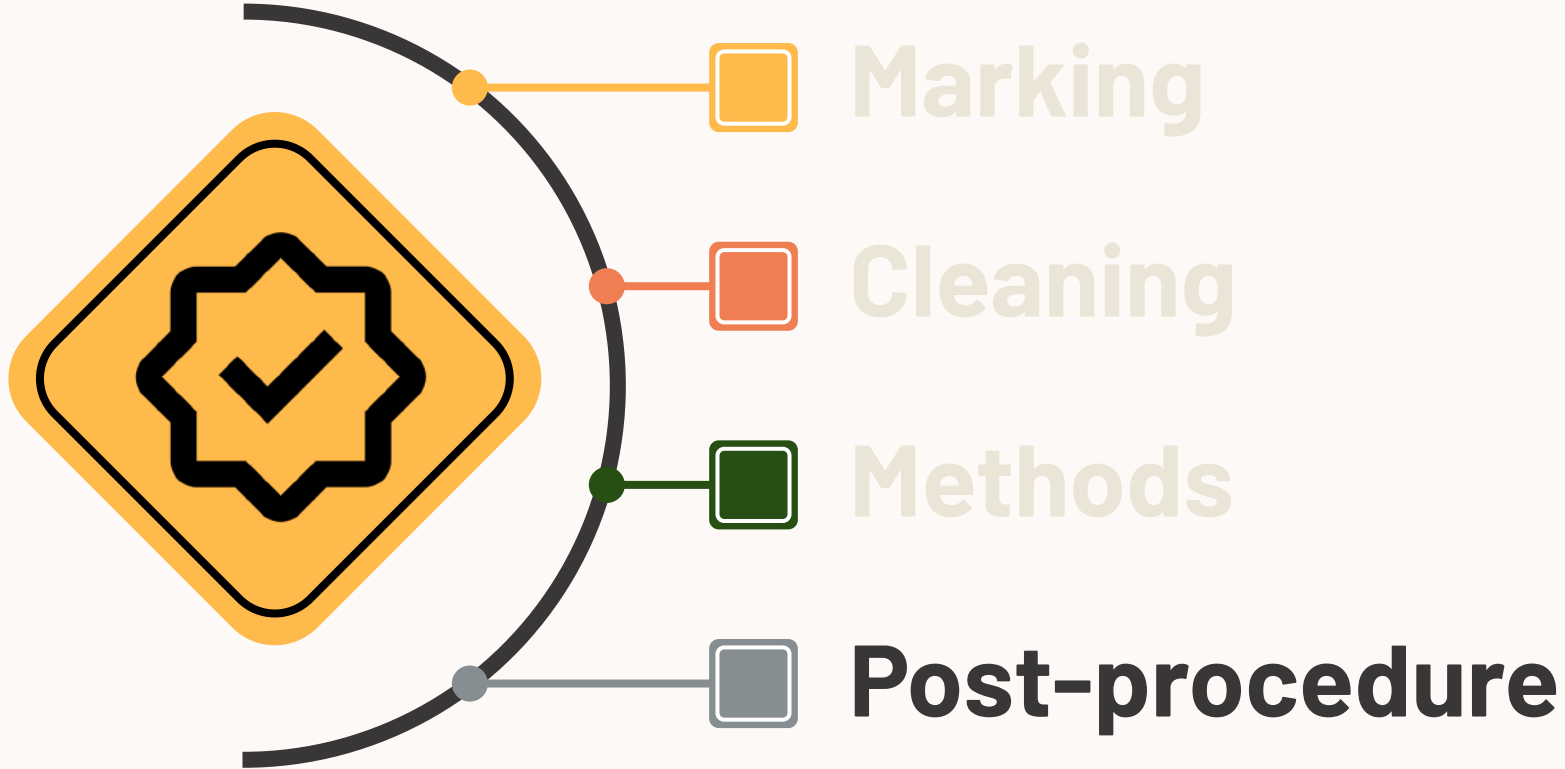




# Stirrups could possibly be the Perfect Perineum Piercing Pal<sup>®</sup>



# 06 - PREP & PROCEDURE



# PROCEDURE: Post-procedure



Images: @joeltrondotcom

A folded over sterile gauze can collect any bleeding, offer padding and act as an aseptic barrier

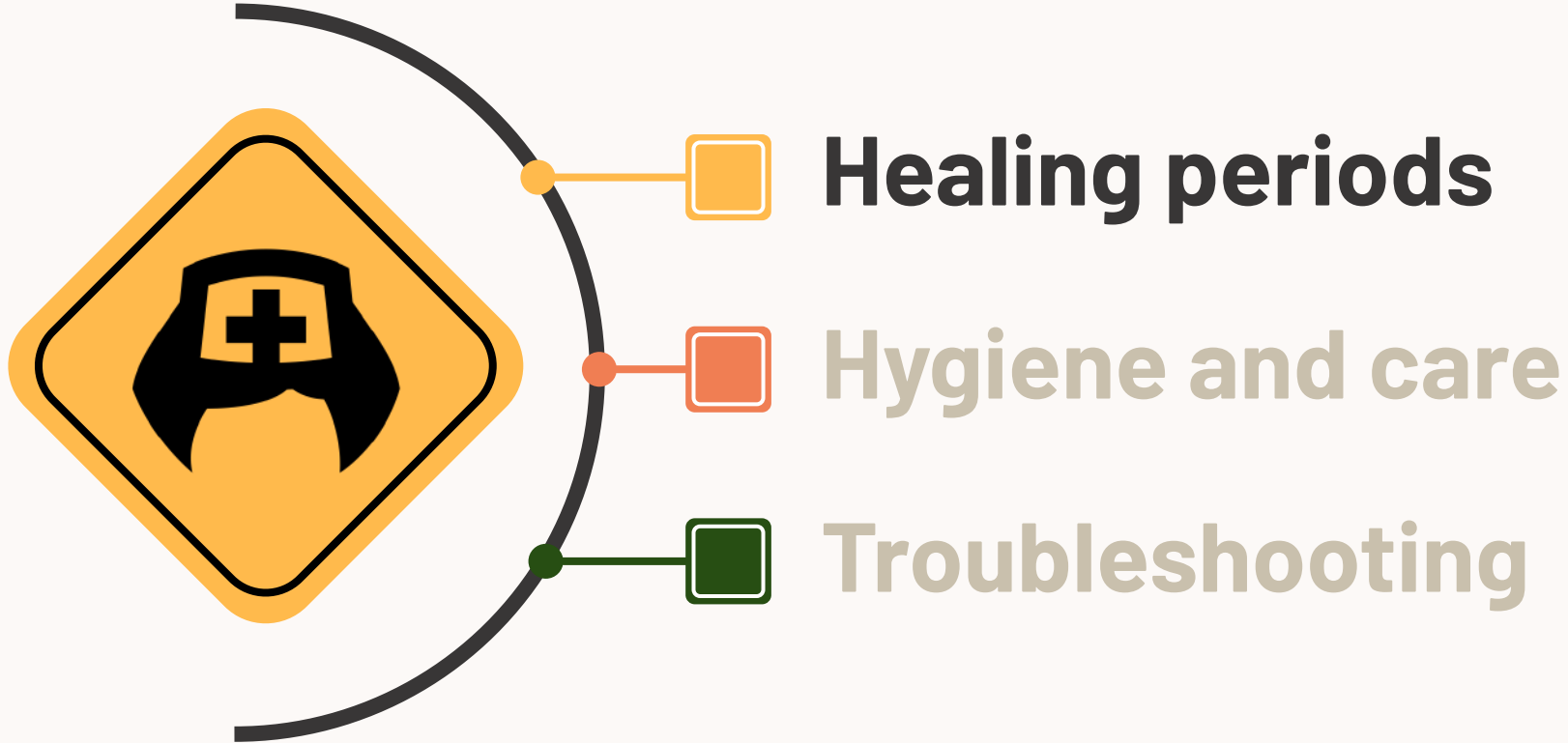
# PROCEDURE: Post-procedure

Supportive underwear is required so the gauze stays in place

The gauze can be removed after 2+ hrs and only is necessary to replace if bleeding



# 07 - AFTERCARE



# AFTERCARE: Healing periods



## HEMOSTASIS: 4-8 DAYS

- Light bleeding is very common and normal
- Supportive underwear should ideally be worn
- Sleeping on back with legs separated
- Safe sexual activities that do not touch the piercing area may resume when comfortable
- Kept free from all bodily fluids, even their own

# AFTERCARE: Healing periods

## INITIAL HEALING: 12-18 WEEKS

- Avoid high movement activities like jogging, sports, riding bicycles, horse riding, rock climbing, etc
- Breathable & supportive underwear if possible
- It's normal for the area to omit more fragrance
- Do NOT use scented soaps or chemicals
- No-touch drying the area after showering



# AFTERCARE: Healing periods

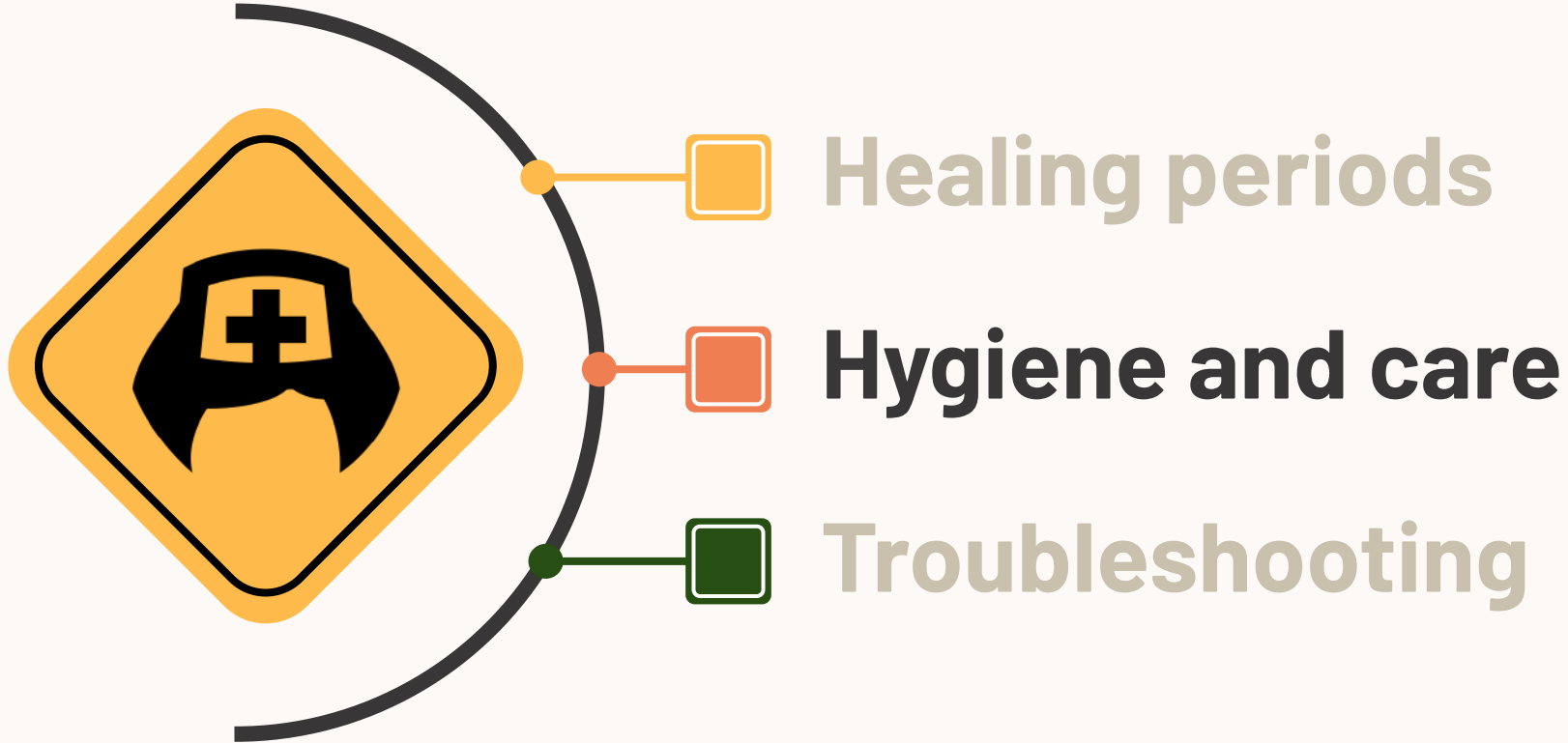
## MATURATION: 3-5 MONTHS

- Scar will have formed inside the hole
- The scar will slowly epithelialise (turn to skin) while it stabilises and settles in
- Stretching and changing may be done
- Jewellery shouldn't be removed, even for short periods, as the hole will shrink





# 07 - AFTERCARE



# AFTERCARE: Healing periods

## Practicing Safe Sexual Activities

- Ensure the area isn't directly stimulated
- Do not attach anything or apply pressure while healing - even if it doesn't hurt
- Be cautious of saliva, as it can drop during oral sex and enter the piercing wound
- Care should be taken with both parties bodily fluids when receiving anal sex
- Use use safe water based lubricants



# **AFTERCARE: Hygiene and care**

- Wipe front-to-back after using the toilet
- Rinse with detachable shower head or bidet
- No perfumed soaps or cleaning products
- No chemicals, depilatories (hair removal creams)
- Avoid sitting with pressure on the piercing
- Slight bleeding, redness, heat and tenderness is to be expected for the first 3-5 days

# AFTERCARE: Hygiene and care

- A stronger scent is common during healing
- Menstrual pads are great disposable barriers that can add some comfort and help with moisture
- Avoid using powder (baby baby, goldbond, etc)
- Scrotal creases tend to retain moisture on humid days or after showering and should be air dried
- Swap underwear during the day, if humid or damp



# AFTERCARE: Hygiene and care

Irritation may occur while shaving or plucking for the first 2-3 months due to the pulling action required.

Chemical hair removal (depilatories) can damage the sensitive healing skin and cause chemical burns.



# AFTERCARE: Hygiene and care

Keeping the area clean after bowel movements can be difficult, but can be greatly aided by the use of water

Cleaning with water after is ideal hygiene and using a Bidet ("bih-DAY") instead of showering is very practical

Some cultures have them as standard, but for everyone else – you have some great options!



# AFTERCARE: Hygiene and care



◀ **Toilet-Seat Bidet** - "The only way to live"  
These often have a "perineum" cleaning mode!

"The second toilet" - **Free Standing Bidet** ▶

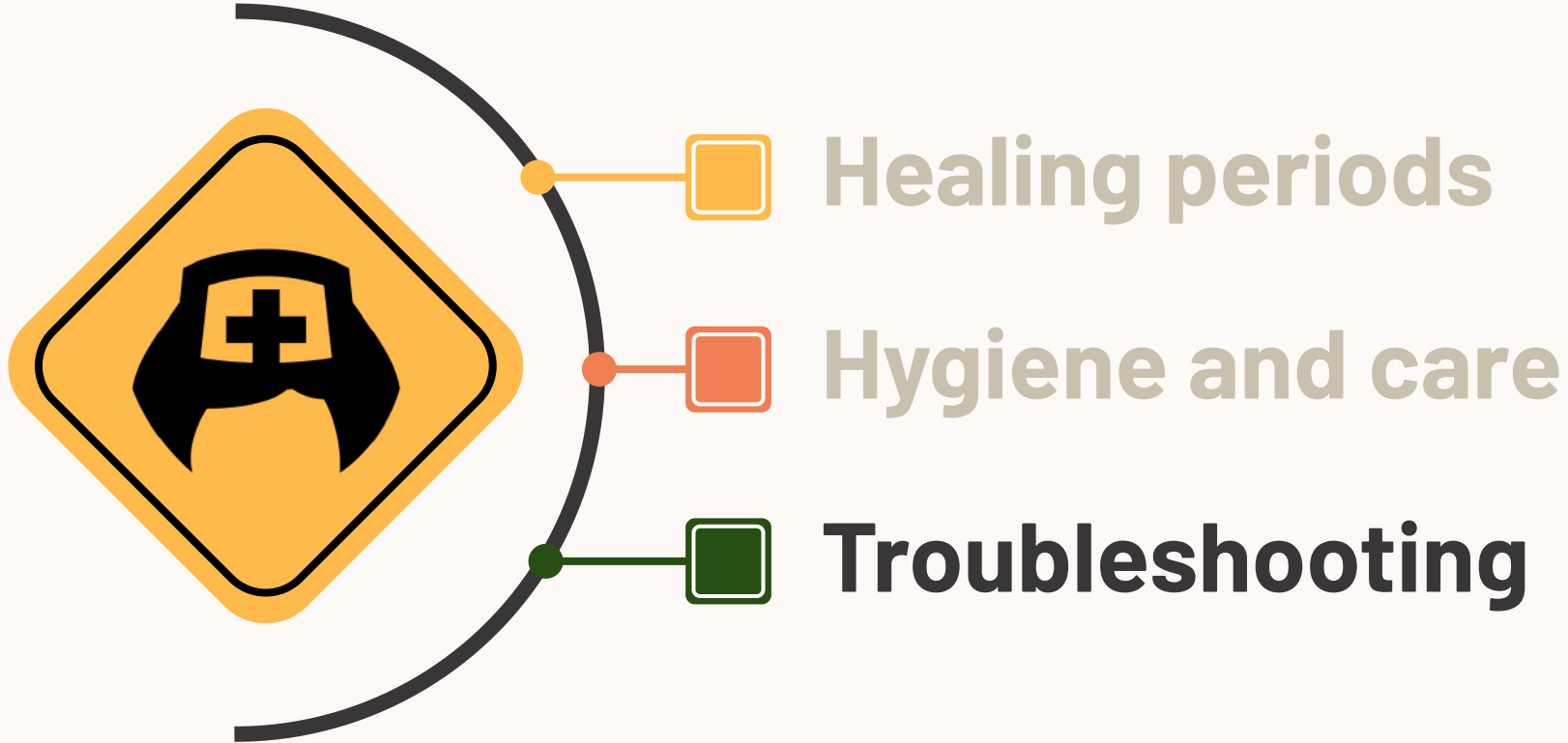


◀ **Handheld Bidet** - "The butt gun"

"Survive while away" - **Portable Bidet** ▶



# 07 - AFTERCARE





# AFTERCARE: Troubleshooting

## Why do 'pressure bumps' form?

- Pressure from thighs or sitting on
- Too deep for size of jewellery
- Using creams, lotions, or powders
- Poor immune system, medical conditions or illness



# AFTERCARE: Troubleshooting

## Undercleaning & Overcleaning



- Over cleaning the area causes irritation
- Under cleaning and allowing crusties to build up
- Client pulls on the area to “check on” the piercing location, which causes elongated protruding wounds
- Client uses too strong or too much cleaning products

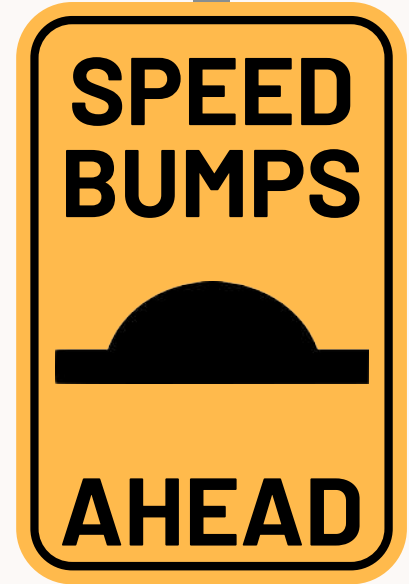
# AFTERCARE: Troubleshooting



# AFTERCARE: Troubleshooting

## How to get rid of bumps?

- Figure out what is causing the irritation and ensure it doesn't continue to occur
- Wait for the body to reabsorb the scar, which can often take MUCH longer
- By changing the jewellery to a larger diameter, if you feel it may be pinching
- Remove and re-attempt in a better spot



# AFTERCARE: Troubleshooting

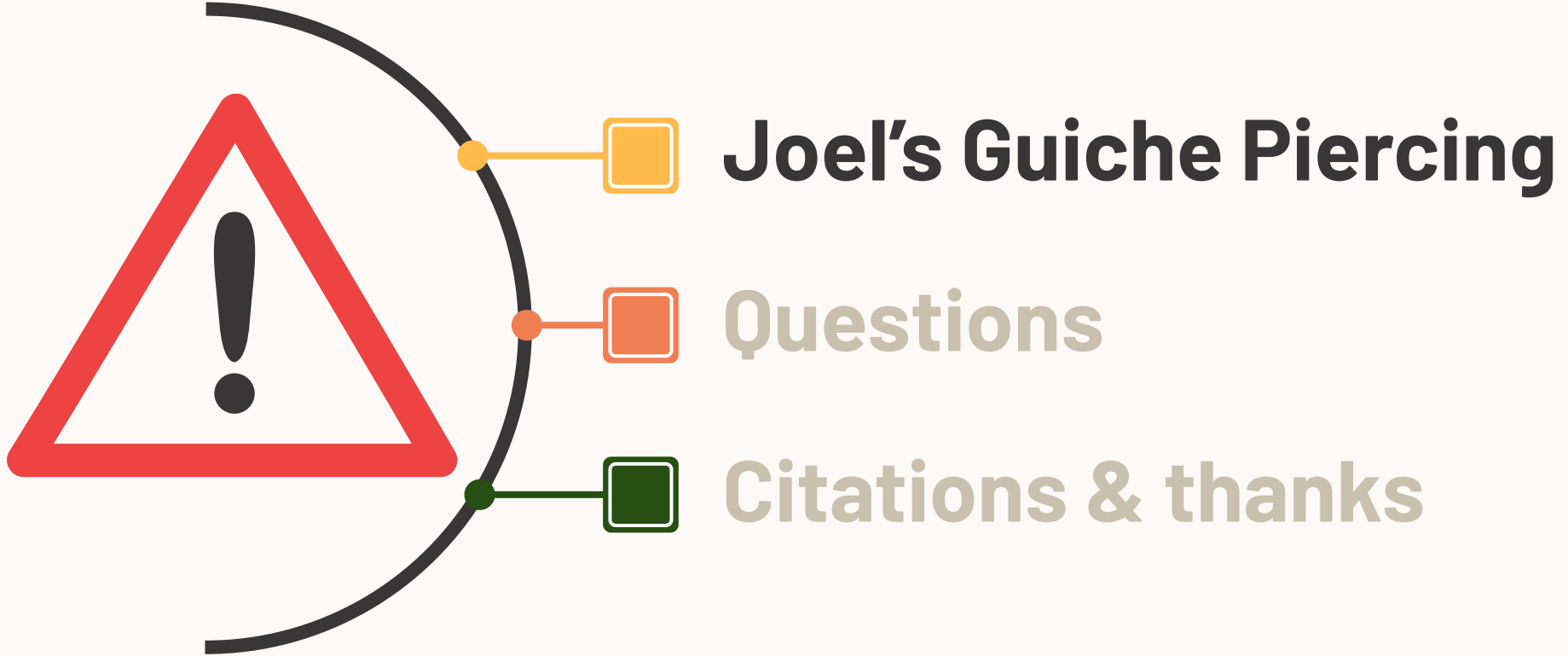
## How to get rid of bumps?

- In some situations, a soft cock-ring may be worn to assist the scrotal tissue forward and give the perineum more room
- Back sleeping, with a pillow between the knees, can help with irritation occurring at night



Image: XR. LLC

# 08 - OVERTIME!





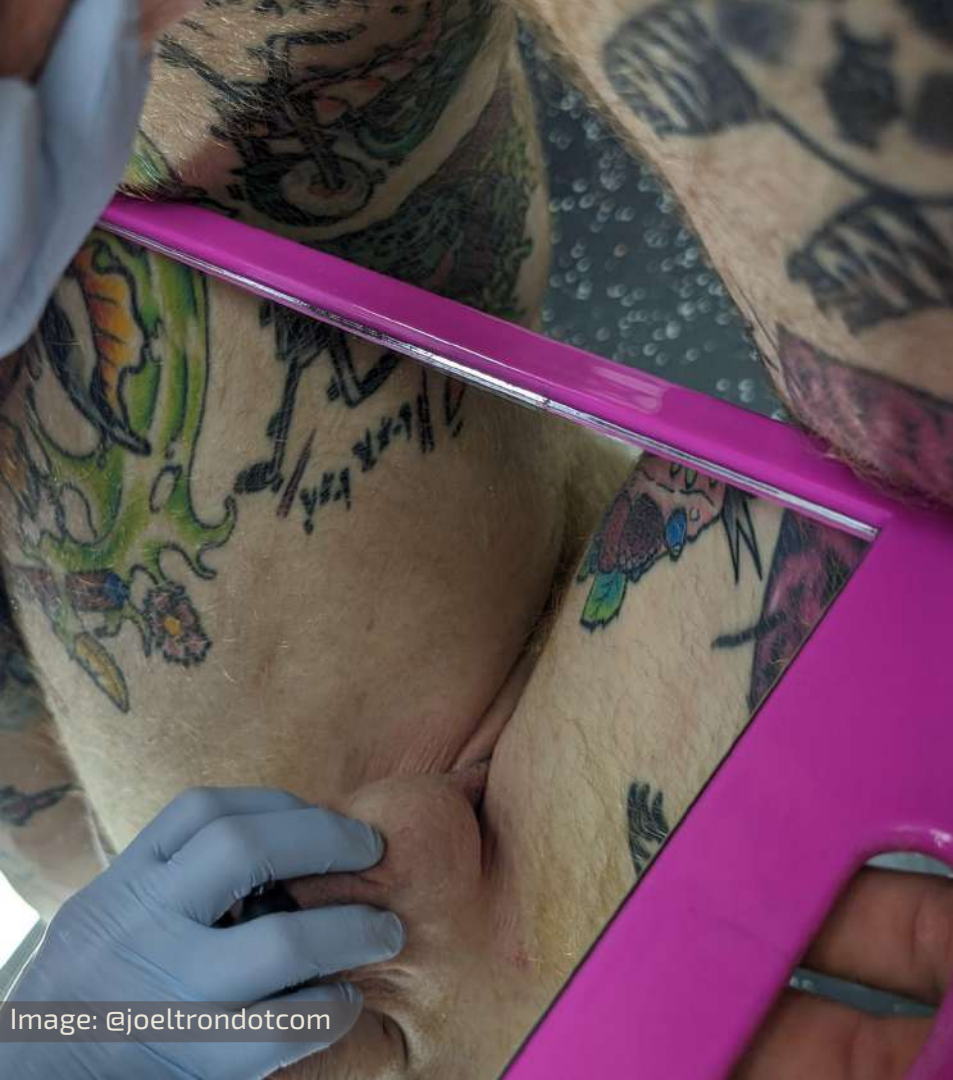
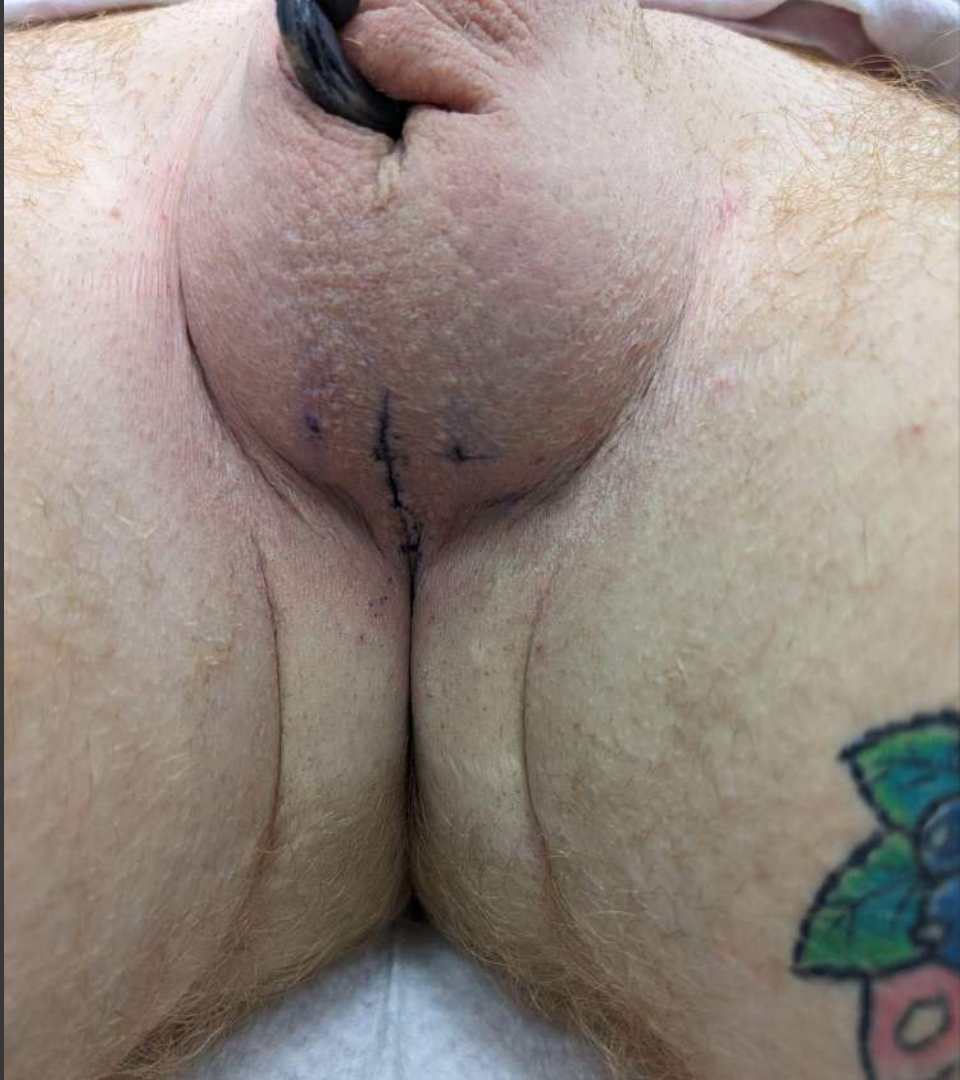


Image: @joeltrondotcom





**10g 5/8" Guiche**

Freehand with 10g Kiwami

**Piercing by: Bree Montgomery @missmodify**

Music: Korn - Freak on a Guiche







Image: @joeltrondotcom

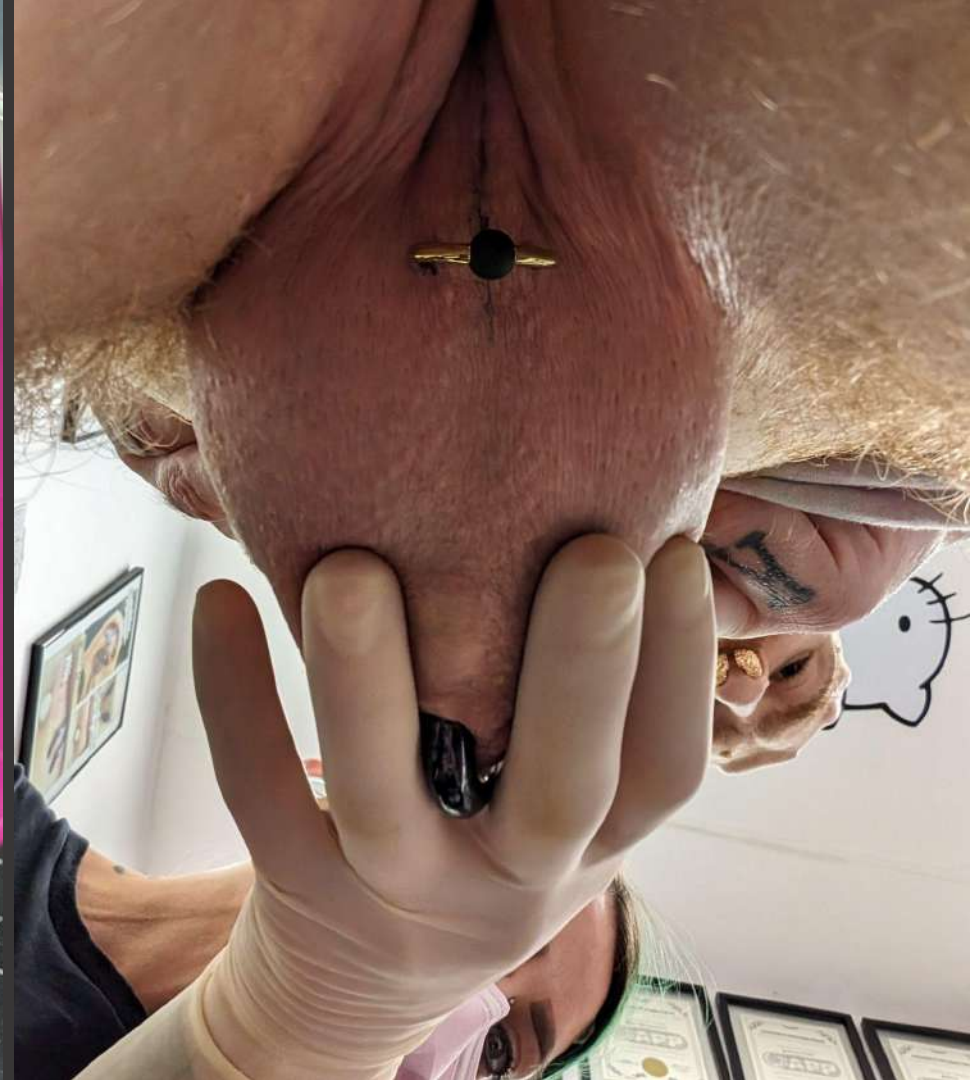
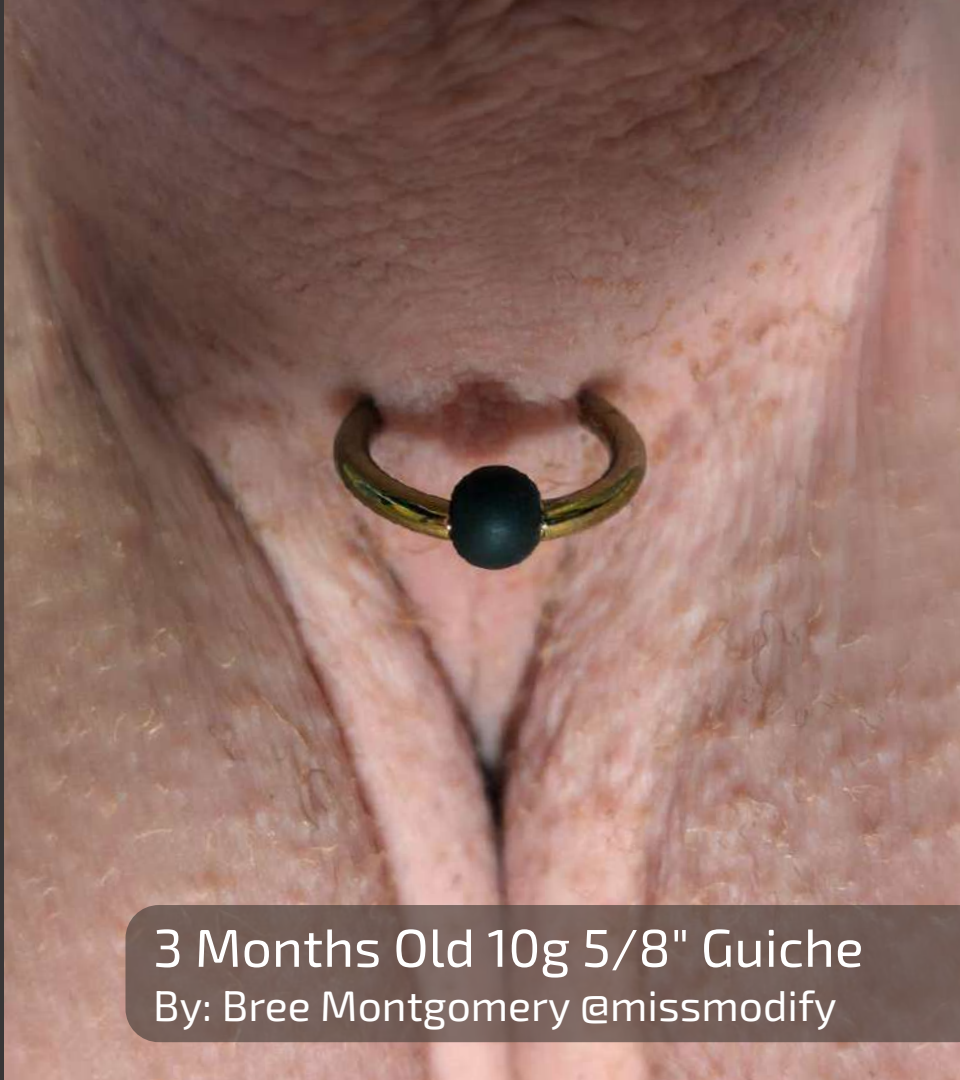


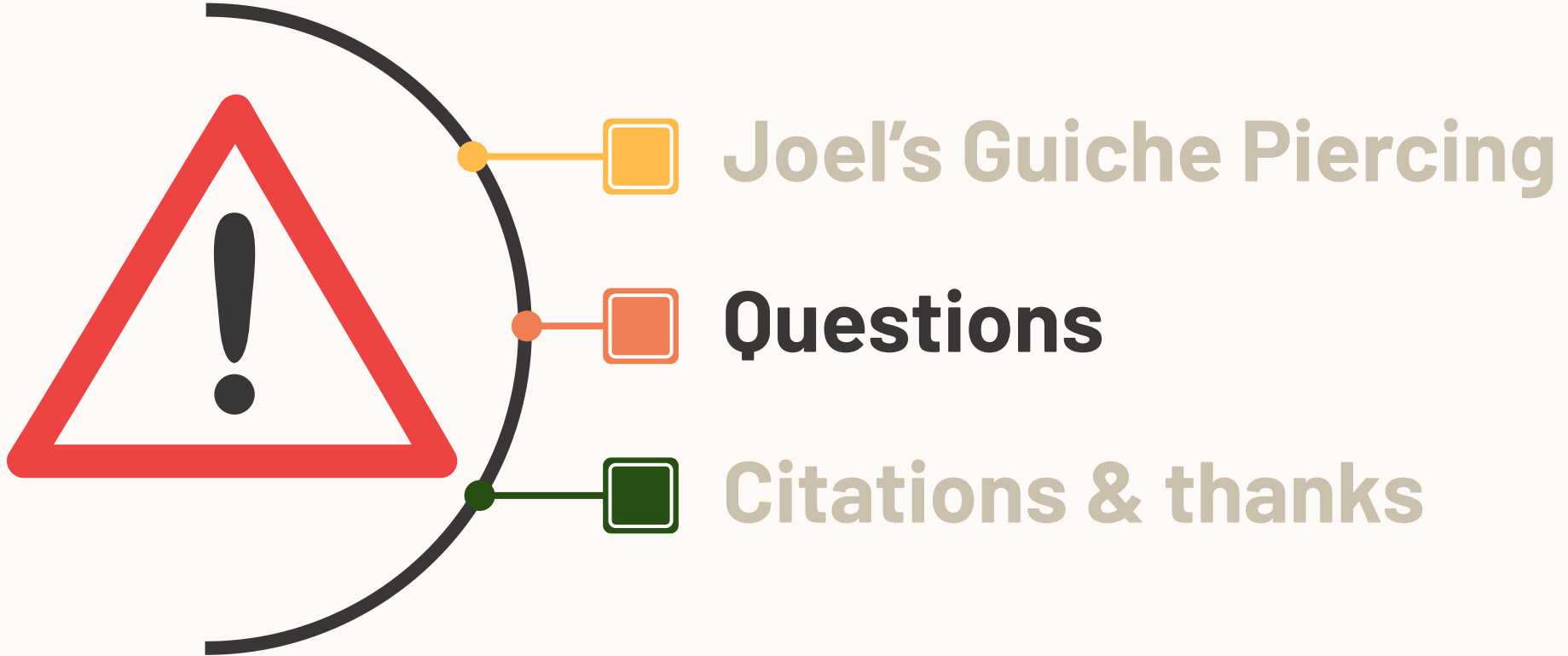


Image: @joeltrondotcom



3 Months Old 10g 5/8" Guiche  
By: Bree Montgomery @missmodify

# 08 - OVERTIME!



# 08 - OVERTIME : Questions

**Q and A time!**



- 1. Open Cvent Events**
- 2. My schedule**
- 3. This class**
- 4. Submit question**



***"Speak Now or Forever Hold Your Guiche"***

## 08 - OVERTIME : Questions

**I'm always looking for feedback,  
improvements, updated techniques,  
new photos and even just questions!**



EMAIL ME:

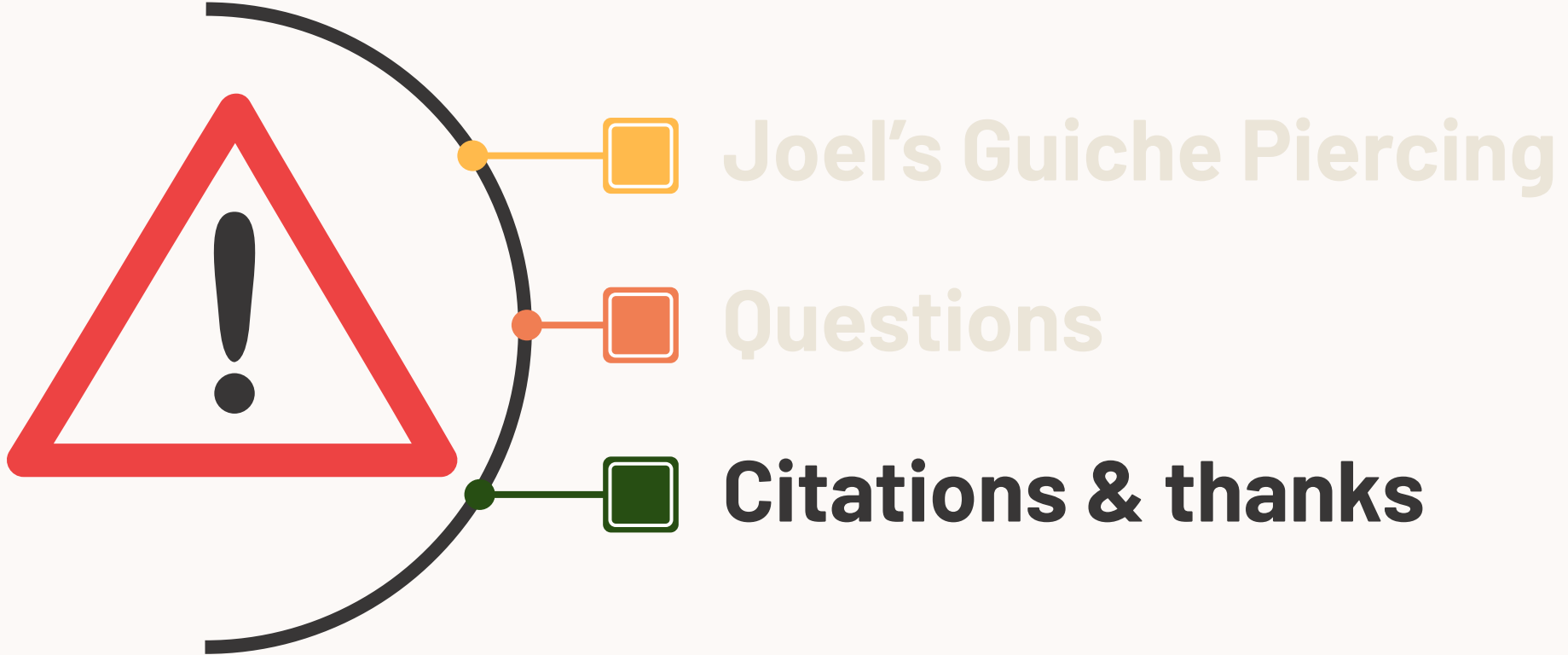
**yo@joeltron.com**



**"Speak Now or Forever Hold Your Guiche"**



# 08 - OVERTIME!



# Anatomy: 08 - OVERTIME: Citations

- <https://www.wikidoc.org/index.php/Perineum>
- <https://my.clevelandclinic.org/health/body/24381-perineum>
- <https://www.rxlist.com/perineum/definition.htm>
- <https://wiki.bme.com/index.php?title=Raphe>
- <https://youngmenshealthsite.org/guides/removing-pubic-hair>
- <https://sciencefocus.com/the-human-body/why-are-some-people-so-hairy>
- [https://en.wikipedia.org/wiki/Eccrine\\_sweat\\_gland](https://en.wikipedia.org/wiki/Eccrine_sweat_gland)
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4040320>
- <https://www.ncbi.nlm.nih.gov/books/NBK549918/>



## History & Background:

- <https://m.interglot.com/fr/en/?q=guichet>
- <https://thecontentauthority.com/blog/quiche-vs-guiche>
- [https://en.wikipedia.org/wiki/Richard\\_Simonton](https://en.wikipedia.org/wiki/Richard_Simonton)
- <https://www.scribd.com/document/128816615/Piercing-Pros-and-cons>
- <https://www.wordsense.eu/guiche>
- [https://wiki.bme.com/index.php/Doug\\_Malloy](https://wiki.bme.com/index.php/Doug_Malloy)
- <https://news.bme.com/wp-content/uploads/2008/09/pubring/jimward/20040315-p.html>
- <https://infinitebody.com/pages/guiche-piercings>



<b>Cara</b>	<a href="#"><u>@caratigerlily</u></a>	For being a little muffffffinssssss
<b>Bree</b>	<a href="#"><u>@missmodify</u></a>	For piercing my gooochhhhie
<b>Jim Ward</b>	<a href="#"><u>facebook.com/jim.ward.7792</u></a>	For all they do (love your sketches!)
<b>Hika</b>	<a href="#"><u>@queenoftheashes_jewelry</u></a>	For eating all my deep dish pizza
<b>Chris</b>	<a href="#"><u>@chrisvitalich</u></a>	Bob's Mens' Hair Stylists
<b>Suzanne Hallett</b>	<a href="#"><u>@piercersuzanne</u></a>	Always has time for me :)
<b>Luis Garcia</b>	<a href="#"><u>@luisgpiercing</u></a>	Just for being rad
<b>Becky Dill</b>	<a href="#"><u>@beckyadorned</u></a>	For letting me say cunt in a class
<b>Lynn Loheide</b>	<a href="#"><u>@lynnloheide</u></a>	For sharing knowledge
<b>Shorty</b>	<a href="#"><u>@shortypiercer</u></a>	Hawk Tuah! 💧
<b>Ryan Ouellette</b>	<a href="#"><u>@ryanpba</u></a>	For being the bestest
<b>Anisah</b>	<a href="#"><u>@anisah.alchemy</u></a>	Spelling and grammar
<b>Sala (Jesus)</b>	<a href="#"><u>@salabodymod</u></a>	For laughing at my bad jokes



**And lastly *THANK YOU...* for even getting this far!**